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10 STEPS TO AVOID THE CRASH!

BY JAMES HARKIN

Updated January 2014

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CONTENTS

Introduction: 10 Steps To Avoid The Crash

Part 1: Buy Every Piece of Gold You Can Lay Your Hands On

Part 2: You Have To Get Out Of Debt

Part 3: Get Out Of Paper

Part 4: Pay Off Your Mortgage

Part 5: Store Food, Water And Firearms

Part 6: Get Ready For The Biggest Buying Opportunity Of Your Lifetime

Part 7: Get Out Of The City

Part 8: Purchase Everything You Need

Part 9: Sort Out Your Medicine Cabinet

Part 10: Get Your Spiritual House In Order Conclusion:

10 Steps To Avoid The Crash – Conclusion

INTRODUCTION:

10 STEPS TO AVOID THE CRASH

BY JAMES HARKIN

WARNING:

WHEN YOU READ THIS E-BOOK PREPARE TO BE SHOCKED. BUT, PLEASE DO NOT DO ANYTHING SILLY. I AM NOT DOING THIS TO PROMOTE FEAR. HOWEVER, WHAT IS COMING WILL BE A SCARY TIME FOR EVERYONE. I AM DOING THIS TO HELP PEOPLE PREPARE THEMSELVES TO SURVIVE, EVEN THRIVE THROUGH THE COMING COLLAPSE. DO NOT TAKE WHAT I SAY AT FACE VALUE, PLEASE DO YOUR OWN RESEARCH. IF YOU HAVE ANOTHER OPINION, DO NOT HESITATE TO STATE IT IN THE COMMENTS SECTION.

I am James Harkin, am personally writing to you today on a matter of the utmost urgency regarding the very real threat that the US economy will suffer a monumental crash in early 2015. What I say in this e-book are my own personal thoughts based on my research as well as listening to Pastor Williams over the years. I ask you to read everything because it will become clear that you can benefit greatly if you follow Pastor Williams' advice. Everything listed goes against what the elite have planned for you and everyone who takes action is one less person that will be begging for the new world order when the crash comes. It's this kind of information that the governments of the world want to censor when they say they want to censor "esoteric" information from the Internet. Pastor Williams has stated that some time after the Affordable Health Care Choices Act of 2009 (HR 3200) and Affordable Health Care for America Act (HR 3962) are fully enacted under the name Patient Protection and Affordable Care Act (HR 3590) that the bond market and all the currencies of the world will be collapsed and all the banks will close in order to usher in the new world government. This is not a new plan this plan has been around for hundreds of years. They cause the problems then they offer the solutions. This will happen and sooner rather than later.

We are at war, it's not a war with guns it is a war on Wall Street. Financial terrorism is happening right now and it is affecting you this very minute. What I hope this e-book will do is to show you what the elite don't want. If you carry out these preparations you will really be the stone in the shoe of the elite. If it messes up their plan even just a little I say "good on us all for taking action".



For two years talk show hosts have been commenting that collapse will happen on all kinds of dates. The collapse has not taken place yet. Pastor Williams was told before by his elite friends that the collapse wouldn't happen until certain things were in place and has been a lone voice in saying that the elite are not ready yet for collapse. His elite friends have told him many things over 37 years and every one of them has been true. The elite will make slaves out of us all and they are doing it so slowly that you are missing it and not taking any action. Over 4 years ago Pastor Williams' elite friend said that the health care bill would be presented to Congress and they specifically stated "this is not a health care bill". The health care bill is KEY to what the elite are going to do. It is connected to the Uniting and Strengthening America by Providing Appropriate Tools Required to Intercept and Obstruct Terrorism (USA PATRIOT ACT) Act of 2001 (HR 3162) in order to initiate a total takeover of the USA and ultimately the world in one swift move. The word is control and their ultimate goal is to enslave the entire population of the planet. The plan is so ingenious and simple it's incredible. This is not a theory, this is the truth and verified by the very highest echelons of the elite.

Former options trader Max Keiser stated that "(the bond market crash) will precipitate a global conference to re-architect the global financial system through a new central world government that will see the American dollar re-priced at about 40% cheaper than Asian currencies than they are now". Obviously this is an opinion, but a very real opinion by someone who has been researching the financial markets for many years. With the Federal Reserve leveraged at nearly 60:1, the same as Deutsche bank in Germany and has to buy treasury bonds with its own money that it prints. The crash initially had been slated for 1st January 2014 and that date was given to Pastor Williams by his elite friend, but President Barack Obama had changed the date to exempt businesses from having to do anything until 2015. Therefore, 2015 could see a crash of unfathomable proportions that will make 2008 look like a minor financial correction.

After Pastor Lindsey Williams started talking about these things back in 2008, I have carried out a large amount of research and listened to many commentators, researchers and analysts on what is happening and what we can do to protect our dinner tables as well as the health of our families. In this e-book I wish to share with you some of the evidence that has come to light that shows that Pastor Williams was right from the very beginning. We need to protect our financial futures and should listen and act on what he has to say.

Please understand that you will be required to do certain things by the 1st January 2014. Pastor Williams set that date for the simple reason that you might not be able to do the things he says for much longer after that. He also warned that failure to act may result in you not being able to survive the coming collapse. These are the basics that Pastor Williams has shared and I will go into more detail later in this e-book:

- Buy every piece of gold you can lay your hands on.
- You have to get out of debt.
- Get out of paper.
- Pay off your house mortgage.
- Store food, water and firearms.
- Get ready for the biggest buying opportunity of your lifetime.
- Get out of the city.
- Purchase everything you need.
- Sort out your medicine cabinet.
- Get your spiritual house in order.

Once you have carried out those 10 steps you will be better able to survive through the coming collapse. Of course a lot of people's situations do not permit them to carry out all the steps due to constraints regarding money, family ties, etc. Do as much as you can.

PART 1:

***BUY EVERY PIECE OF GOLD YOU
CAN LAY YOUR HANDS ON***



"Gold is the currency of the elite" - Pastor Lindsey Williams

BY JAMES HARKIN

The ability to quickly obtain physical gold, silver and other precious metals is diminishing, so I agree with Pastor Williams that we need to start buying as much physical gold, silver, platinum, palladium and other precious metals as we can, while there is still a supply of it. In July 2013 we were informed that J.P. Morgan's Comex Gold had dropped to a record low. For example in 2010 J.P. Morgan Comex Gold was just over three million ounces, it is now less than 300,000 ounces. At the same time in July Brink's saw 24% of its entire registered holding, or 133,000 ounces quietly get withdrawn. This, together with the moves in JPM and HSBC inventory, meant that total Comex gold holdings dropped by 116,000 ounces to a new low not seen for the first time since 2006.

To confirm that there is a lack of physical gold - in February 2013 the financial world was shocked by a demand from Germany's Bundesbank to repatriate a large portion of its gold reserves held abroad. By 2020, Germany wants 50% of its total physical gold reserves back in Frankfurt - including 300 tons from the Federal Reserve. The Bundesbank's announcement came just three months after the Federal Reserve refused to submit to an audit of its gold holdings on Germany's behalf. What this means is that the central banks around the world are waking up to the fact that the dollar is no longer the world's safe haven asset and the US government is no longer a trustworthy banker for foreign nations. The Federal Reserve was unable to offer Germany its 300 tons of gold in a timely manner and arranged a payment plan over 7 years. Germany's gold had obviously been lent as collateral for other loans and since the Federal Reserve depends on a fractional-reserve banking system for its existence, the seven year time line would allow it to save face and avoid a run on the Federal Reserve.



"Gold is the currency of the elite" - Pastor Lindsey Williams

Max Keiser has stated that gold and silver prices went down because of collusion and manipulation by the banks and said "how can there be a LIBOR [interbank interest rate] manipulation scandal, energy price manipulation scandal, credit default swap price scandal" and that "clearly [they] want paper up, gold and silver down". He also concluded that it's no longer economics since when the demand for gold increases the price of gold should also increase, but it hasn't. He said that governments have increased the supply of bonds by 100-150% all over the world. In economics if the supply of bonds goes up the price should come down, but it didn't it went up! It's nonsensical. It is merely to keep the Ponzi scheme that is the global bond market rolling without having to pay off any of the bond holders.

From listening to what Andrew Maguire and Max Keiser were talking about on episode 501 of 'The Keiser Report' that the stockholder owned Federal Reserve has sanctioned bullion banks in the past to move markets at very quiet times of the day. For example Andrew Maguire said that in early September 2013 the day after the COT (Commitment of Traders) reporting cut-off the price of gold was significantly reduced at around 1-2am. He questions who would be around at that time to dump that many contracts on the market when there was little liquidity in the market. He claims that this move leads back to the Federal Reserve and the CFTC is failing to do its job. Recently a five year investigation by the CFTC (the Commodity Futures Trading Commission) into silver market manipulation was recently closed regarding J.P. Morgan allegedly manipulating the gold and silver markets and found that "based upon the law and evidence as they exist at this time, there is not a viable basis to bring an enforcement claim with respect to any firm or its employees related to our investigation of the silver markets." Mr Maguire has said that the CFTC were sitting on the evidence from at least two J.P. Morgan whistle-blowers that market manipulation had taken place.

J.P. Morgan has courted controversy in the past and it is no secret they shorted 3.3 billion ounces of silver a number of years ago. What this means is that they have sold silver they do not own. If people come to collect they have to dip into the open market to buy silver in order to make the delivery. The silver market back in 2011 was not even 1/10th the size of J.P. Morgan's short position and naturally economics says that having to buy that much of a commodity in a market that cannot currently satisfy demand would drive the price up to new highs. Despite the efforts of "The Silver Liberation Army", they failed to take down J.P. Morgan who has been fined for rigging energy markets and involved with the London whale who was a UK-based trader called Bruno Iksil who worked for JP Morgan. He was known as the London whale among hedge funds and other traders, due to his big, and as it turned out, ill-advised position in a credit derivatives index. They were also sued by Fannie Mae for fraud as well as currently being under investigation for bribery in China. Why is this company allowed to trade? I'll tell you, because the elite want the large banks such as J.P. Morgan to continue to manipulate the price so they can buy up as much physical gold as they can possibly obtain. Remember, Pastor Williams said this in April 2013 "The elite are buying as much as possible themselves with the price down" and they have made sure it remains down.

It has been claimed that the large merchant banks have been trading on insider information with suspicious market movements prior to important financial and economic announcements by the Federal Reserve. The recent announcement that there would be no tapering of the quantitative easing came at a time when gold had been raising from its low in June 2013 low of \$1,180.04 to a high of \$1,434.05 in August. It was also claimed that just prior to the announcement that there would be no tapering of quantitative easing that the gold market was artificially corrected to stop it from reaching new heights of over \$2,000 an ounce. This was based on the fact that the Federal Reserve is completely out of its depth and that it has no ability to reign in its massive \$4 Trillion hedge fund market manipulation. Warren Buffett even told the truth "The Federal Reserve is the greatest hedge fund in history" and continued "the Fed's eventual exit from its monthly bond-buying program will carry unforeseen risks" concluding with "we are in an experiment which hasn't been tried before" adding that "buying securities is usually easier than selling securities". If they want the price of stocks to move up, they go in and buy stocks and S&P futures. If they want the price of gold to go down they sell gold, naked futures in the gold market and work with banks on Wall Street selling futures contracts. The Federal Reserve moves prices where they want prices to go. Stanley Druckenmiller, a billionaire hedge fund manager said "The Federal Reserve isn't just inflating markets, but its shifting a massive amount of wealth from the middle class and poor to the rich". If gold were to reach an all-time high of \$2,000, the world's traders would really think that the Federal Reserve was out of control and start buying gold and we could easily see \$10,000 gold and \$500 silver.

What I am trying to say is that the gold, silver and other precious metals markets are being manipulated to keep the price low. Gold is languishing at around \$1,300-\$1,400 an ounce and it has been claimed by Max Keiser that this level is important. He says that if gold gets above that level, computers driven by the infinite supply of zero cost Federal Reserve money enter the market to suppress the price by dumping synthetic and counterfeit gold contracts into the market. Their thinking is that by suppressing the price it cools the demand for metal.

Pastor Williams told me a few months ago that "everything is selling off, commodities, copper, the global economy is weak". The US government are selling everything, and picking the pocket of the American people in order to keep their Ponzi scheme afloat. He also said that "the elite wish to discourage the average person about gold because gold is the only true value of wealth" and that "the elite are buying gold as fast as possible" because it is important to understand that "gold will go back up as soon as the powers that be have purchased what they want." He also said we should "watch the commodities and the derivatives market". What I understand from my research regarding gold is that the price has been manipulated to be extremely low. The truth from what I can see is that the elite are selling paper gold ETF and then buying physical gold with the money they get from selling their paper ETF gold. What this means is that the elite are buying as much physical gold as possible themselves with the price down and discouraging people from owning gold by keeping the price low. There are currently 55 paper gold contracts to 1 physical gold contract. This means there are 55 paper ounces of gold to 1 ounce of physical gold. This is why Pastor Williams has been telling everyone to buy physical gold, silver and other precious metals. The value of physical gold has been suppressed its real value is much higher.

If you take Pastor Williams' advice and buy physical gold and silver now, you will benefit from its artificially low cost. \$1,300-\$1,400 an ounce for gold is extremely low. It has been said for every one ounce of new gold extracted from the ground it costs \$1,100 and gold nearly hit rock bottom in June 2013 and you could have bought it at virtually cost price. Certain Asian countries are taking advantage of this low price and even at \$1,300-\$1,400 are buying as much physical gold and silver as they possibly can because they are hedging against collapse by trying to back their currencies with gold and silver, and need to buy huge amounts of physical precious metals. China has said it needs to buy 7,000 more tons of gold to catch up with America. You really need to get it and as much as you can before January 1st 2014.

Don't wait any longer! Go to www.cash2karat.com now and start taking advantage of an affordable gold savings plan!

When market manipulation in 2011 stopped gold from reaching an all-time high of \$2,000 an ounce, it is possible gold could have been over \$10,000 an ounce, and silver at \$500 an ounce right now. Many market analysts say that this is still achievable based on the fact that the world's central banks are trying to print their way out of financial collapse causing inflation of the cost of goods and services and gold is a hedge against inflation. Or rather, based on evidence presented by Pastor Williams in his new DVD "Elite Emergency Data" that the elite are going to keep printing as much debt, driving the US into more debt and into hyperinflation before they really collapse the economy of the world in 2015. Either way, buying every ounce of physical gold and silver you can get your hands on will benefit you greatly during and after the collapse.

Please be aware, gold can never tank. Paper currency has no real value, only perceived value. Gold, silver, platinum, palladium and any other non-precious metals such as copper, iron and steel all have value because all can be used in the manufacture of goods and services. Paper unfortunately for those

addicted to it cannot. Pastor Williams talks about real assets, 'tangibles'. If you wish to think of gold as a product think of this - It is historically said that a 1 ounce gold coin has always bought a well-tailored suit in Savile Row in London since 1700 and it is one example of how gold has held its value over the centuries. Gold always holds its value regardless of if the price rises or falls. It is not and never has been a short term investment. BUT, it will protect your wealth.

When supply dries up, and from what has been said many vaults are quickly emptying the price of gold will rocket and for good reason – Gold is a reserve currency.

“By January 1st 2014 you need to get every piece of gold!” – Pastor Lindsey Williams

PART 2:

YOU HAVE TO GET OUT OF DEBT



BY JAMES HARKIN

Pastor Lindsey Williams has been telling you to get out of debt for many years. Many of you have already gotten out of debt and are preparing for the worst. However, many more of you have not heeded his advice and face an uncertain future.

In recent years credit was easily available to anyone and as recent as 2007 a mortgage could be assigned by anyone who wanted to buy a house. A permanent income suggests consumers take debt to smooth consumption throughout their lives, borrowing to finance expenditures, particularly housing and schooling. Come January 1st 2014 all this will change...

On January 1st 2014 the new Affordable Health Care Choices Act of 2009 under its new name the Patient Protection and Affordable Care Act (HR 3590) will change the USA forever. To scratch the surface this legislation will turn the USA into a nation of part-time workers. The act incentivises employers to keep employees' work hours below 30 hours per week. Many corporations have already begun to cut workers' hours to avoid this obligation and the impact is twofold: fewer hours' means less pay while losing current health benefits. The flip side is that the government will expect workers to find additional jobs, but ultimately will there be enough jobs to go around? A 30 hour work week at the national average minimum wage at \$7.25 per hour is \$217.50 per week (down from \$290 per week at 40 hour average work week). We'll see many people losing their homes, businesses will fold because people will by force cut back on their spending. Ultimately it will be 2008 all over again, and this time on a much larger scale.



If you have any kind of debt, consumer or otherwise, it is time to prioritize and either pay it off or give whatever you have financed back to whoever gave it to you.

If you have credit card debt, payday loans, other consumer finance, student loans, automobile finance, high end electronics, furniture, white goods and any other kinds of finance, if you can pay it off, do so. If you can give it back, do so.

You have to get out of debt. I doesn't matter what it takes, how much sacrifice you must make you will lose anything that is debt when the crash takes place. There is no sense in making the payments anymore on that fancy car because you are going to lose it. If you don't lose it now because you have trouble with the economy you will lose it later because of the crash.

The elite want you in debt, because being in debt makes you more susceptible to manipulation. For example, if you have credit cards, loans, rent or mortgage, monthly payments for vehicles and equipment you need a certain amount of money every month to pay it. When the company you work for goes bankrupt, and it will, you are going to find it extremely difficult to pay your bills. If you have a high debt load you will have to pay that before you can feed and clothe your family.

The situation is bleak my own family has this issue because of the economy right now. After working for many years in management for a construction company my father was laid off just before retirement with an outstanding debt burden of loans and credit cards. He thought he could work a few more years and pay it down. However, because of his age and the construction industry being so weak he was forced to take out a retirement mortgage on his house to spread his payments out over a longer period. His home is now mortgaged until he is 85 and the bank takes 1/3 of his pension that he could have used to enjoy his retirement. Do you want to be in the same situation as my father, ultimately paying the elite for the rest of his life?

Imagine when the crash takes place you no longer have a high paying middle-class job, how are you going to pay your debts? How much stress and resulting illness will be caused because you have lived beyond your means and have become accustomed to living this way? How many marriages split because of the lack of money and high debts?



Let me assure you from first-hand experience this is happening and you now only have a short window in order to prepare. This is not fear mongering it is practical advice that could save you and your family from the soup line or worse still FEMA camp. Talking about soup lines, the elite cut the Supplemental Nutrition Assistance Program (SNAP) by \$39 Billion and introduced asset tests. This is happening throughout the west, not just in the US.

Let me ask you a question, do you have a fancy car that you bought brand new and make monthly payments? Why did you buy this car? Was it for you to get from A to B? Was it for you to impress your friends and family? Do you really need this particular vehicle or would any vehicle do? When the currencies collapse and the banks close and you can no longer afford to pay what are you going to do when the finance company repossesses it? Give that fancy automobile back to the finance company. Buy yourself a cheap, economical and easy to repair vehicle that will get you from A to B without the debt. Think like this for everything you have bought on finance.

You must consider what is more important status and the soup line with your friends who ignored the warnings or living frugally but relatively comfortable without the burden of debt. I know the route I have chosen and I don't care who laughs...

I would add to this by saying stop spending unnecessarily, do you eat out a lot? Maybe eating food

cooked at home may save you money? Do you buy expensive designer clothing? Maybe a cheaper alternative, even a secondhand outfit would do? You need to sit down and take stock of how much money you waste and see how much you could save. Do you go to Starbucks for coffee? Go to the bar for drinks? Smoke a lot of cigarettes? We all know it's hard to cut back, but you now have to think of what's more important. Use the money you save from cutting back for more important things that you need to see you through the crash. You could buy gold and silver with the money you save and buy the things you need as well as storable food and water. Protecting your family from hardship is top priority and now more than ever.

By following all of the ten steps that Pastor Williams has outlined you will most certainly survive the crash. I know it looks like doom and gloom, but ultimately when the dust settles those who are prepared will reap the rewards.

PART 3:

GET OUT OF PAPER



BY JAMES HARKIN

Pastor Williams has said ever since 2008 that we should get out of paper and into physical assets that you control. Paper assets are stocks, shares and paper currency. Paper assets also include retirement funds such as a 401k or an IRA. Physical assets include gold, silver and other precious metals as well as UN-mortgaged land and seeds. He said that gold and silver are the currency of the elite and not the US dollar. Do you remember his quote "If people had ever bought precious metals in their entire lifetime they should buy every piece, every ounce, every half ounce, every quarter ounce, every tenth ounce, I don't care what you buy, you should get your hands on every piece of gold and silver that you can possibly get ... and get it as quick as you can ... don't even wait until tomorrow, buy everything you can possibly buy. It is the only thing that is going to have any purchasing power or value when all of this is said and done". This statement was said by Pastor Williams in 2008 and it is still true today. Just last year, just after the re-election of Barack Obama he said "precious metals are going through the roof, you have never seen anything yet, if you think \$1700 or \$1800 gold is high priced, it is going to be dirt cheap by the end of this 4 year administration".

GOLD IS THE CURRENCY OF THE ELITE.

Fiat paper currency is not worth the paper it's printed on. In fact it's not even paper its digital dollars dumped into the system and according to Gerald Celente of The Trends Journal on the 16th April 2013 "Gold is being manipulated by the United States central bank, by the European central bank and by the Japanese central bank, which continues to dump digital dollars into the system in form of their rigging the game by buying bonds, treasuries and mortgage backed securities". In March Celente said that he "buys silver for his golden years" and that he is not a speculator. He goes on to say "China, Russia and

Iran are getting together to try and kill the petro-dollar" and that "you are going to see the dollar crash like you have never seen it crash before". He also said that "they are never going to solve this problem ... they can't save it, it's impossible" and ended on a bombshell that "they are going to debase the currency". If this happens inflation will become rampant and if anyone is still in paper assets, whether it is stocks and shares, derivatives or precious metals in exchange traded funds they will be worthless.

As stated earlier, the US Dollar will be debased after the crash. This will occur when the new world government is formed. Everything is now in place for the elite to crash all the economies of the world in order for their new world order to turn every human being on the planet into their personal slave. Don't kid yourselves this is happening and time is not on your side any longer. Those who have researched this now know that what they once said was coming down the track is actually now here. Only a relative handful of people who have done their research will have the opportunity to protect their family, dinner table, health and well being from what will be an ugly period of time for humanity, where people will have to beg the elite for hand-outs. If you do not take action right now to protect your family there is a real certainty that you will lose everything.

The dollar will continue to fall as the Federal Reserve Board continues to purchase \$40 Billion (\$40,000,000,000) of mortgaged backed debt and \$45 Billion (\$45,000,000,000) of US Treasury securities per month, indefinitely. This is called quantitative easing. It's a desperate move that is reminiscent of what the Weimar Republic did during the early years of their hyper-inflationary spiral. The US national debt currently stands at just under \$16.75 Trillion (\$16,745,602,000,000). In 2011 the US paid just under \$454.5 Billion in interest on the national debt. In 2012, the US economy (GDP) stood at \$16.62 Trillion. Currently US Import/Export statistics show that the annual value of US exports was \$1.84 Trillion. The annual value of US imports was \$2.52 Trillion. This means the average annual trade deficit was just under \$480 Billion. Exports are a mere 11% of GDP. The great companies who built the greatness into the USA have all but vanished, moved away to foreign lands and no longer profit the USA. The US has to borrow more money every year to balance its budget. It is estimated that the US will borrow approximately \$3 Trillion this year alone. With every dollar borrowed a purchasing power of the existing dollar in circulation is diminished. There is a real risk that when the economy is deliberately crashed, in order to buy a loaf of bread you will be wheeling wheel-barrow loads of cash to your local supermarket just like they did in the Weimar Republic, and more recently in Zimbabwe.

The Federal Reserve note is backed by nothing but the perceived value of the American economy. Unfortunately the American economy is no longer as stable as it once was. It is also no longer the reserve currency of the world. Countries all over the planet have stopped trading in the American Dollar. It is merely a promissory note, to pay nothing more than a Federal Reserve note. Paper-for-paper. It's worthless. It's not even paper anymore, it is merely digital dollars dumped into the system.

In the past and through his book [The Energy Non-Crisis](#) Chaplain Williams told us that OIL and the petro-dollar were the currency of the world. This meant that all oil transactions were to be carried out in the American Dollar. The American Dollar is no longer the reserve currency since China now trading their-own domestic currency, the Yuan for oil. Iraq was invaded because Saddam Hussein had started to sell his oil in Euros. Both Russia and Iran are now using Yuan for oil sales to China against the wishes of the elite. It has been rumored that Angola, Sudan and Venezuela will join Russia and Iran in selling their oil to China in Chinese Yuan the world will see over 5 million barrels per day traded no longer traded in the US Dollar. This means good night Petro-Dollar and hello Petro-Yuan. The implications of this are momentous, especially for US debt and its indomitability is only predicated upon the continued acceptance of the currency it backs as a global reserve. Therefore China is openly admitting to the world that it does not need US monetary inter-mediation, and by implication, the 'debt' backing said inter-mediation. China will stop buying US debt. Countries within the BRICS (Brazil, Russia, India, China and South Africa - founders) are now rivaling the US and EU for global leadership. For example, these countries have the largest amount of gold, silver, platinum and palladium extraction and refinement production as well as other natural resources in the world.

$$\begin{aligned}
& \int R(x, \frac{\partial w}{\partial x}) dx e^2 - x y z = e; A[0, e, 1] x^4 + x^2 + y^3 + z^3 + x y z - e = 0 \quad \frac{2x}{x^2 + 2y^2} = 2 \\
& C = \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix} \frac{\sin x}{x} \leq \frac{x}{x} = 1 \quad g \circ df = \left(\frac{\partial f}{\partial x}, \frac{\partial f}{\partial y} \right) \quad \frac{\partial z}{\partial x} = 2; \frac{\partial z}{\partial y} = 0 \\
& y = \sqrt[3]{x+1}; x = \log t \quad B = \begin{pmatrix} 2 & 1 & -1 & 0 \\ 3 & 0 & 1 & 2 \end{pmatrix} \vec{n} = (F_x; F_y; F_z) \quad A = [1, 0, 3] \quad X_1 = \begin{pmatrix} x \\ y \\ z \end{pmatrix} \\
& \delta(p_2) = \sqrt{0.16} \quad (1+e^x) y y' = e^x \quad x \in \mathbb{R} \quad \lambda_2 = i \sqrt{14} \cos \varphi = \frac{(1, 0) \cdot (\frac{1}{2\sqrt{3}}, i \frac{1}{\sqrt{3}})}{\sqrt{\frac{1}{4} + \frac{1}{3}}} \\
& \lim_{n \rightarrow \infty} \frac{\sqrt{b^2 + 1} + n}{3\sqrt{b^2 + 2n} - 1} \quad x_1 = -11p, x_2 = -p, x_3 = 7p, p \in \mathbb{R} \quad y_{i+1} = y_i + b_i k_i \quad b_i \neq 0; p_i \neq 0 \\
& \lim_{x \rightarrow 0} \frac{e^{2x} - 1}{5x} = \frac{2}{5} \quad x_2 = \begin{pmatrix} 1 \\ \beta \\ -2 \end{pmatrix} \quad \eta_1 = \lambda_1 - 3\lambda_2 + 1 \neq 0 \quad 2 \arctan x - x = 0, I = (1, 10) \quad \lambda x - y + z = 1 \\
& x_1 = \begin{pmatrix} 2p \\ -p \\ 0 \end{pmatrix} \quad \alpha, \beta, \gamma \in \mathbb{C} \quad A = \begin{pmatrix} x_1 + x_2^2 & 1 \\ y_1 + 1 + y_2^2 & 1 \\ z_1 + 1 + z_2^2 & 1 \end{pmatrix} \quad x=0, y=1, z=2 \quad F_2 = 2 \times y z - 1 = 1 \quad x + y + z = \lambda \\
& \cos^2 \alpha + \cos^2 \beta + \cos^2 \gamma = 1 \quad \sum (p_2(x_i) - y_i)^2 \quad y' - \frac{\sqrt{y}}{x+2} = 0; y(0) = 1 \quad \frac{x^2}{a^2} + \frac{y^2}{b^2} + \frac{z^2}{c^2} = 0 \\
& \int_{-\pi/2}^{\pi/2} \sin^4 x \cdot \cos^3 x dx \quad \lim_{x \rightarrow 0} \frac{e^{2x} - 1}{5x} = \frac{2}{5} \quad \iiint_M z dx dy dz = \int_0^{2\pi} \left(\int_0^2 \left(\int_{\frac{1}{2}}^1 r n dr \right) d\lambda \right) d\varphi
\end{aligned}$$

The derivatives market, as Pastor Williams has said is also a volatile casino where banks and institutions bet on whether a commodity or stock will rise or fall. The value of this market is not publicly known, but some researchers and analysts have estimated the size to be around \$1 Quadrillion dollars, that is \$1000 Trillion dollars (\$1,000,000,000,000,000) and that is over 10 times larger than the global economy. When the housing bubble popped in 2007 it stood at around \$500 Trillion. The market has grown unfathomably fast and the global economy is at risk from massive damage should even a small percentage of contracts go sour. Its size and potential influence over the global economy is difficult to comprehend, let alone assess.

Banks are now bigger than they were in 2008 and they continue to trade in derivatives in many of the same ways they did before the crash, but on a larger scale and with precisely the same unknown risks. The major banks use your hard earned income to play the stock market. Due to fractional reserve banking, it is possible that banks can lend upwards of 10:1 on every dollar you deposit. It works like this, you deposit \$1 and then the bank can lend out \$10 (it works by the bank having a reserve requirement of 10%, which means that the bank must keep 10 cents for every \$1 deposited as a reserve, the 90 cents remainder can be lent at interest and if that 90 cents is deposited then 9 cents is kept on deposit and 81 cents is lent at interest, and so on). A debt based economy as we have is untenable. With \$100 you cannot pay back \$110. It is totally impossible. The only way to pay back \$110 is to borrow more. This therefore is a Ponzi scheme that will forever spiral out of control or until the elite have every asset and the entire world is enslaved. This is why Jesus drove out the money changers from the temple because any kind of interest was unsustainable.

The economy has been floundering since the 2008 crash because the banks have been borrowing money from the Federal Reserve and other central banks at 0.25% (a quarter of one percent). The banks in turn can buy 20 year government backed treasuries that return 3.5% interest. Why would banks lend to small or medium businesses with 50% of them failing within the first five years, when the return on investment is guaranteed from treasuries. The banks themselves can use the treasuries as collateral to borrow for more risky investments into the derivatives markets.

US investors should be shocked as to what is currently happening in the financial markets. While we cannot redeem our dollars for gold with the Federal Reserve, we can still buy gold with them in the open market. As more investors and governments choose to save in precious metals, the dollar's value will go into steeper decline, thereby driving more investors into metals. That is when the virtuous circle which the dollar has coasted for a generation will quickly turn vicious.

Thursday 20th June 2013 was a landmark day. The elite did a test. On Wednesday 19th June 2013 in the afternoon just before the closing bell Ben Bernanke, chairman of the Federal Reserve announced there would be a possibility that they would taper off some of its monthly \$85 Billion investment into quantitative easing. It was merely a passing remark, but it was done on purpose to see what would happen. The 19th through 22nd June 2013 was a test to find out if the elite can collapse the currencies of the world at one time. The markets went crazy after this news. The stock market dropped. The stock market isn't an indicator of collapse, what is an indicator of collapse is INTEREST. The elite wanted to know what interest rates would do at a mere suggestion that the Federal Reserve would taper off quantitative easing. Between the 19th and 22nd June 2013 the 7 day interbank repo benchmark interest rate went up from its relatively steady 3.3%, to 8.26% by the middle of the next day. By the next night it had reached 12.33% in China and one large bank in China had to be bailed out by the Chinese government because it had ran out of liquidity. It had literally stopped the interbank funding for 48 hours. If the elite had allowed this to continue every bank and currency in the world would have collapsed by Monday morning. All they have to do is have the Federal Reserve chairman say a certain thing and the interest rate will climb. Every currency will crash and every bank will close within 24 hours.



The Elite Are Only Interested In Interest

Pastor Williams has said that the crash will be linked to the derivatives market. He said that the derivatives market will be used to collapse the currencies of the world with interest rates. When the elite carried out the test in June 2013, the global derivatives market suffered within 7 days a staggering \$300 Trillion (\$300,000,000,000,000) loss. The Federal Reserve itself lost \$151 Billion (\$151,000,000,000) in bond values because of interest rates going up for 3 days. At the same time with the manipulation gold was suppressed and dropped to virtually cost price at around \$1,200 an ounce. If gold had been allowed to sky rocket, the elite may not have been able to contain their test and the economies of the world would have crashed.

The Bank for International Settlements (BIS) has said that the current situation in financial markets is worse than before the Lehman bankruptcy. The warning of the BIS could be one of the reasons why the US Federal Reserve decided to continue printing money indefinitely. A BIS veteran says global credit excess is worse than pre-Lehman. Extreme forms of credit excess across the world have reached or surpassed levels seen shortly before the Lehman crisis. The BIS said a hunt for yield was luring investors into high-risk instruments, "a phenomenon reminiscent of exuberance prior to the global financial crisis". "This looks like 2007 all over again, but worse" said William White, the BIS's former chief economist, famous for flagging the wild behavior in the debt markets before the global storm hit in 2008. The bailout in 2008 didn't work and it's still happening with backdoor bailouts that have inflated banks' profits at the expense of taxpayers. They said it would buy only a short time, and it seems that time is nearly up.

Your money is no longer safe in a bank. Governments all over the world are creating new legislation that will see your savings stolen if the bank in which you keep your cash money defaults. This is what recently happened in Cyprus. People had their savings taken by the government in order to bail out the banks. They have said that over a certain limit your savings will be confiscated. The Federal Deposit Insurance Corporation does the same thing, but what would happen if this organization became bankrupt? The hard earned money you made and put into a bank for safe keeping is taken by the elite in order to cover bad bets made by the banks. I personally recommend that you do not keep much cash in a bank, certainly lower than the maximum limit that governments will guarantee your investment. Just keep enough money in your bank account to cover your monthly expenses. The safest way is to keep your savings in gold that you can sell when you need currency to pay taxes, etc. It's better to keep gold than silver since if you need to leave in a hurry \$1 million in gold fits in a standard briefcase, you'd need 50 or more briefcases for the same amount of value in silver.

Hugo Salinas Price, a Mexican billionaire has said that the big banks are going to play a starring role in the next financial crash just like they did in the last one. Hugo Salinas Price said "I think we are going to see a series of bankruptcies. I think the rise in interest rates is the fatal sign which is going to ignite a derivatives crisis. This is going to bring down the derivatives system" and of course the financial system worldwide. He continued "There are (over) one quadrillion dollars of derivatives and most of them are related to interest rates. The spiking of interest rates in the United States may set that off. What is going to happen in the world is eventually we are going to come to a moment where there is going to be massive bankruptcies around the globe. What is going to be left after the dust settles is gold, and some people are going to have it and some people are not. Then the problem is going to be to hold on to what you've got because it's not going to be a very pleasant world." Right now there are about \$441 Trillion dollars of interest rate derivatives. If the interest rates stay the same and don't go much higher it will be fine. But if they start going up, all bets are off and we could see financial carnage on a scale we have never seen before.

This is going to happen. It has been predicted. Those who prepare now will make it through the collapse, those who wait to see what happens will find out too late and they will be finding life very difficult indeed.



During my e-book so far I have mentioned China rivaling the USA. China is part of the BRICS (Brazil, Russia, India, China and South Africa) Group of countries. Brazil was recently announced a \$60 Billion intervention in their currency. So it seems that the elite already have the BRICS group covered. They know they can crash China and other nations that defy the elite's plans just as quickly as any other economy worldwide. Pastor Williams has outlined in his new DVD '[Elite Emergency Data](#)' a lot about China and how no country or group of countries can survive the crash.

Five years ago Pastor Williams' elite friend told him that China was the big one. He said do not pay attention to the Euro or what the stock market does. Don't pay attention to other things in the world such as North Korea or Iran. Keep your eyes on China. George H.W. Bush was vice president under Ronald Reagan's presidency, was ambassador to China between 1974 and 1975. Prior to that time China was a closed society. In the 40 years since then China has become the 2nd largest economy in the world. The great population of 1.35 Billion people of China could change the face of the world. The elite knew they would take the industry of the US abroad and it was planned many years ago. The elite were going to take China to where it is today. China and the BRICS economies are on the verge of collapse.

Like the western democracies the communist China bought real estate thinking it would rise in value. It is another massive bubble waiting to burst. So vast is the real estate speculation bubble in China that 12-24 new vacant cities are built in China every year and they are doing it just to keep the economy growing. The economy of the USA was on the precipice of collapse because 7 million people were unable to pay their mortgage back in 2008. They have at least 30-40 million empty homes in addition to the ones they are building right now. The financial exposure of China to US financial institutions is over \$100 Trillion. What do you think would happen to the US financial institutions, financial markets and ultimately the US economy if China is unable to service its debt?

After World War 2 the US grew staggeringly quickly. The infrastructure, skills and determination was there for America to rebuild. The factories and knowledge were available to grow the economy to new heights. Where do you think all the manufacturers and companies that made the USA great are now? They are all in China. Every company who sets up a business in China must give all its trade secrets, copyrights and trademarks to the Chinese government. In order to get dirt cheap labor without having to pay unions, retirement funds and healthcare these companies have given everything to China. The profits these companies make don't come back to the USA to help build new technologies or grow the economy. The profits are kept out of the country in tax havens such as the Cayman Islands. In order to avoid paying taxes that could be used to give our children better education and healthcare these greedy corporations they stashed their money abroad.

When these companies are unable to produce anymore products because of the collapse of China, what do you think is going to happen to these companies? These companies will become bankrupt and you are going to suffer because of their greed. All of the big banks who financed China's rapid rise – J.P. Morgan, AIG, Citibank, Bank of America and Wells Fargo will all be bankrupt when their economy collapses. It will ultimately speed up the collapse of America, this is for certain.

Heed the warnings laid out, do your research and you will come to the same conclusion as Pastor Williams – Paper is worthless – Physical tangible assets are the only true store of wealth that will protect you from the crash.

It's time to cash in your retirement account, use it for more pressing matters such as buying gold, silver and other precious metals, land, seeds and everything you need to protect your family through the crash. Pastor Williams has said "if you are 50 years of age or younger you will never see your retirement money". The elite want it all. One of my favorite comedians George Carlin said it absolutely correctly "the vanishing pension that disappears the minute you go to collect it. And now they're coming for your social security money. They want your retirement money. They want it back so they can give it to their criminal friends on Wall Street. And you know something? They'll get it. They'll get it ALL from you sooner or later". The banks and pension funds will all become bankrupt from what is coming and they did it to themselves through their greed. Contact your retirement fund manager today and cash out, pay the 10% token tax and the fees and get your money now before it's too late. Or have someone do it on your behalf.

Exchange all of your paper assets now before it's too late. Time is running out for you to secure all of your wealth and savings.

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PART 4:

***PAY OFF YOUR HOUSE
MORTGAGE***



BY JAMES HARKIN

It is important for you to pay off your house mortgage. If you have the funds available pay off your mortgage because when the economy crashes you may no longer have the income in order to pay your mortgage. The Federal Reserve own your home, they have been putting \$40 Billion every month into mortgage backed securities. They have been doing this since 2008. It is now 2013, so 5 years of buying \$40 Billion of mortgage backed securities every month would equal around \$2.4 Trillion in mortgaged backed securities. The total value of the outstanding mortgage debt market in the US is \$13 Trillion. Therefore, the Federal Reserve directly owns just-under 10% of the mortgage market. However, you have to understand that banks, pension funds and investment companies own the rest and when the economies of the world are deliberately crashed, all of these banks, pension funds and investment companies will also fail. The result is that the Federal Reserve will have to take them over. So eventually if it isn't already, your mortgage will be owned and controlled by the Federal Reserve. Incidentally, the Federal Reserve controls all banks who must ask permission to do certain things. Therefore, if they have that much control over what banks such as J.P. Morgan are doing then it is possible that these banks are doing the Federal Reserve's bidding in the markets to manipulate the gold and bond prices to keep the game going that little bit longer.



The Federal Reserve Will Own Mortgages

The Federal Reserve will own supermarkets, office blocks, warehouses, care homes, restaurants, bars and bowling alleys. There's nothing that the Federal Reserve won't control after all is said and done. This means any businesses that remain will be in the elite's pocket and individual business people will do as they are told if they want to keep their lifestyles. It's happened before and it will happen again.

Many people don't have the funds in order to pay off their mortgage. There is something you can do. Sell your home and buy something that you can purchase outright. It doesn't matter where it is, so long as it is outside of a city and in the countryside with a bit of land in order to grow your own food. Pastor Williams says "it is better to live in a 1 room log cabin without a mortgage than to live in a mansion worth a million dollars that the Federal Reserve owns because they probably already own your mortgage" that you will lose when the collapse takes place. This is a possibility for you to lose your home, I highly recommend that you follow the word of Pastor Williams and pay off your mortgage as quickly as you can.



If Your House Is Mortgaged You Will Lose It

Like I wrote about before with that fancy car, do you need that million dollar mansion, is it a necessity or are you just massaging your ego. Ultimately people live to their incomes and if they are earning thousands of dollars per month they will spend thousands of dollars per month. Those who live lavish lifestyles are not going to be able to cope when the crash occurs if they are unable to sacrifice their lavish lifestyles. Those who act now are going to not only survive, but prosper through the crash, not have the stress of the Federal Reserve coming to take their home and have the money to provide their family with the necessities.

With a smaller home with land, you will not only see your utility bills drop drastically, but its reduced costs will enable you to not have to work a 60 hour work week in order to provide for your family. Any extra money you have in your pocket can be used to buy the items you need to prepare, whether it is equipment, a vehicle or supplies. You won't have to stress that your income doesn't allow you to buy what you need. Of course if you have spare money, buy gold that will allow you to prepare for the biggest buying opportunity of your lifetime.

If what Pastor Williams says is true, then its likely those who do nothing will have their homes confiscated by force and they could end up in soup lines and either living on the street or moved into FEMA camps or worse. In the bankrupt UK many people who are renting their accommodation from their local authorities. The UK government, in order to scrape a few pennies out of the poorest people are telling them that they will pay extra tax if they have a spare bedroom. Either they move into smaller accommodation or pay more from their already low incomes. Therefore in the US it's a real threat that people will be moved like cattle around the country where the labor force will be distributed by necessity and if you become controlled by the Federal Reserve who wouldn't relocate in order to feed their family? There's also a possibility that because of the sheer number of repossessions that people will be allowed to stay in their homes, but they will be expected to rent them from the Federal Reserve.

PART 5:

STORE FOOD, WATER AND FIREARMS



BY JAMES HARKIN

In order to protect your family from the effects of natural disasters the government have said to prepare for 72 hours. This means 72 hours of food and water for every member of your family. It's not enough, you need to consider storing items for a potential THREE MONTHS OR MORE! We all know what happened during the Katrina disaster, people were not prepared and found that it took weeks in order for the government to get the necessary supplies to those hit the hardest. It's a real concern that a crash of the economy on a global scale that is warned by Pastor Williams could bring about a disaster equal to or even worse than Katrina across the entire USA that could last a lot longer than 72 hours. With the logistical nightmare of that proportion how long do you think it would take for the USA to get the necessary basic supplies to your location? What if this same problem was affecting every country throughout the world? Is the government prepared to help every citizen? Take what happened in the Katrina disaster as a warning that the government is incompetent and unable to offer support for you for weeks when the economy is purposefully crashed.

Are you prepared for weeks or several months of no food on the shelves of your local grocery store? No water from the taps? No electricity? Or even worse as Pastor Williams has said before that the grocery store will have food, there will be electricity and water, but you won't be able to afford to buy it because hyperinflation has torn through the country?

The elite do not want you prepared, they consider those that store more than 7 days of food and water or who grow their own food as extremists. This is confirmed by the Department of Defense. The elite want you totally dependent on them and during the coming collapse many will not be prepared. Those who read this e-book will have the necessary basic understanding that will allow them to survive through this global collapse.



Store Food, Water and Firearms

You really need to keep a stock of storable water, dry milk powder, canned goods, non-perishable sealed items (dried fruit, pastas, flour, etc.), baby food and pet food. I would recommend that you keep at least three months of storable food and water for each member of your family. You should consider foods that are low in sodium but high in protein and high in unsaturated fats. If you can buy whole grains and organic if you can. Keep foods simple as possible. Think of it like what happened in World War 2, people were rationed, they were active and ate frugally. People were a lot healthier than they are

today. Store your non-perishable foods in dry room temperature place. Avoid foods that contain GMOs, MSG, Aspartame and High Fructose Corn Syrup since these are the causes of some of America's biggest health problems. So try and avoid products that contain highly processed starches and refined sugars. When buying salt, always buy an expensive salt that doesn't have aluminum based caking agents, but is clean. It's also a good idea to buy extra for friends, relatives and neighbors just in case they do not prepare themselves.

Also, make friends with a small local organic farmer since they will have the knowledge to grow food in an adverse financial climate, subject to them not having debt. They will also have knowledge to help you grow your own and even trade with you.

Regarding water you can obtain bottled water, gallons of water, 55 gallon barrels to fill with water, or even empty juice or soda bottles. The general rule of thumb for how much water to store is one gallon per person per day. So a family of 4 would be 4 gallons per day and over 90 days that would be 360 gallons of water. If you bought 55 gallon barrels you would need 6 or 7 barrels of water to last 3 months. Store the water in a cool, dark place and cycle through its use too. If water is exposed to sunlight it can green quickly and can be a haven for mosquitoes due to its static state so you'd definitely need high quality water filters.

Not only food and water you may also need some sundry items such as: a battery powered radio, communication equipment (cell phones may not work so consider CB radio), flashlights/lamps, matches, batteries, compass, warm blankets, a basic tool kit (Swiss-army knife, wrench, screwdriver, nails, hammer, etc.), duct tape, safety pins, needle & thread, shovel & snow shovel (in case the crash comes in winter), an axe, strong rope, small propane stove, small pot & pan, water purifier/purifying tablets/straw purifiers, extra containers of gasoline (or always keep your vehicle fully fueled), jumper cables, etc..

You may also need medical items such as: First aid kit, aspirin, ibuprofen, Tylenol, anti-diarrhea pills, stool softeners, sterile bandages, gauze pads, band-aides, ace wraps, tourniquets, disinfecting cream, burn ointment, rubbing alcohol, sunscreen, bug spray, latex gloves, thermometer, ice packs, safety pins and scissors, etc. You will also need a source of vitamins and mineral supplements that I will discuss in the section.

Household items you may need would include: tie/synch-garbage bags, disinfecting soap, dish rags, shampoo/conditioner, feminine hygiene products, manual can-opener (store many because can-openers and toilet paper will become a very healthy currency during the crash), utensils and dinnerware (metal or paper – something that can't break easily), basic cleaning products (bleach & disinfecting wipes), paper & pens/pencils, baby diapers, towels, extra clothing, comfortable shoes, hiking backpacks and 0degree sleeping bags, etc..

If you can obtain some portable solar panels you may be able to charge items that you need as well as run your television and computers if necessary. Personally I would recommend anyone buy solar panels and wind turbines in order to become more self-sufficient and stop relying on the ever more expensive electricity suppliers. The average system for a 3-4 bedroom house would be 3KW. This should allow you to do most of what you currently do at home. Add to that the possibility of a generator to run at heavier load times as well as wood burning stoves with a source of stored firewood should keep you warm during the winter. I would also change your incandescent bulbs to low voltage LED bulbs, the technology has moved on considerably in the last few years and now an LED bulb can produce as much light as a 50 watt halogen bulb using only 3 to 4 watts of electricity. Therefore you use solar

panels you don't use up your energy unnecessarily.

It would also be prudent to change your electrical goods to the most energy efficient possible. I would recommend AAA+ energy rated white goods if you run a solar power system. The higher the energy efficiency the less energy it would consume.

You may also need to obtain self-defense equipment. It is not my own personal choice, but looters and pillaging gangs will be dissuaded if you can fight back against them. The constitution says that every American citizen may keep and bear arms and this was to stop a tyrannical government from taking control of the country. Of course the US government will be armed to the teeth with heavy equipment to try and keep control during a collapse, but they are reluctant to engage the American people. Pastor Williams said that the elite did not want what the American people did after what took place at Sandy Hook. It scared them more than anything that happened in many years. The elite wanted the American people to allow them to rip up the constitutional right to keep and bear arms, but it backfired. The American people did what the American intuition, tenacity and free spirit dictated to them. They bought every handgun and piece of ammunition they could secure. This was due to the real threat that President Obama said he would do everything in his power to put through legislation in order to limit any event with a gun happening again. The American people thought that President Obama was going to come after their constitutional right to bear arms and they went ahead and bought everything they could. It is getting more difficult to obtain firearms and ammunition in the USA so it may be necessary for you to obtain less lethal weaponry such as pepper spray, Tazer or other more "robust" equipment that will allow you to fend off wild animals or wild humans.

If there is one television show that hit home the very real threat that a total collapse of the American economy it was the 2006-2008 television show Jericho. It showed how a small town survived through a nuclear disaster that destroyed many of the major cities throughout America. Of course the real threat is not nuclear weapons but financial weapons. Financial weapons can be just as devastating as nuclear weapons, just look at Detroit and other cities that saw the major employers leave, bankruptcy. People then left the city to go where there was employment. This left the town desolate and crumbling into disrepair. In Jericho townsfolk gathered together to keep some resemblance of their old life going. They traded goods with other towns and municipalities, grew their own food and generally made do. If you have a chance, please watch this series and make the necessary preparations not for nuclear war but for financial terrorism on a global scale.

Let's say for example that the economy doesn't get back on its feet in three or more months. Maybe you run out of storable food and water. Maybe you could lose your possessions due to looting or forced exile from your home by military forces. What then?

You don't need to fret, you can learn how to plant an edible garden or learn how to forage for wild edible plants. I do not apologize for promoting the following products. I thoroughly recommend them as something everyone should obtain to help them through the collapse. If you invest in this information, watch the DVDs, read the books and use the information for your benefit, you will definitely make it through the collapse. Garry Tibbo and Markus Rothkranz teach self-sufficiency and self-reliance they created two DVD sets that can help plan successfully to cope with changes in the environment, changes in season, even live without grocery stores and even pay your mortgage bills without a job. They say that it doesn't matter whether you live in the suburbs or where it snows in winter you can forget about the economy and everything you've ever been told about health. Nature it perfect and has all the answers.

The first 5-DVD set I recommend is called 'Free Food and Medicine' it shares with you that the most powerful food and medicine on the planet is free and its growing outside your door and around your neighborhood. This DVD set is from Markus Rothkranz explains why wild local foods are a thousand times better than plain organic produce from the grocery store. "Weeds" have amazing healing qualities that we have just begun to understand. Wild food is FREE. The more you pick it, the more it grows. It basically wants to feed and heal us. People everywhere are amazed at how they feel after they start living off true natural food. You can grow your own food in your yard, patio, living room, roof or balcony. The meals people are making with these foods are amazing. Tired of going to the doctor and supermarket? Join those who don't get sick anymore and barely pay for any food. This 5-DVD set will show you a new way of living that could totally change your life. This DVD set comes with a free Wild Food Recipes booklet. [Available here.](#)

Another great series that I have watched and acted upon is a 6-DVD set called 'Free Living 101'. It offers the viewer everything you need to survive within 1 mile of where you live. Garry Tibbo shows you how to live on the wild plants in your neighborhood, make house payments without a job, heal any health condition and be truly self-sufficient no matter what. This amazing highly inspiring 6 disc set is a two day workshop that will show you how to never worry about the economy or your health ever again. This is true freedom. It's great for people in northern climates where it snows in winter. This is mandatory information for these times! This DVD set is [available here.](#)

The 480 page companion guide I would recommend that goes alongside both DVD sets is called 'Free Food and Medicine – Worldwide – Edible Plant Guide'. It is the definitive book on edible plants found all over the world. Over 2,500 beautiful full color images covering over 1,000 plants, what health conditions they have been historically used for. What common neighborhood plants make a great shampoo, soap and toothpaste? Which ones make a wonderful non-caffeine coffee substitute? Or milk substitute? Or perfume? Or which plant makes a great Ant, moth, mosquito repellent? Which plant boosts sex drive like crazy? What flowers and common house plants are edible? Learn all this and more in this incredibly fascinating, power-packed book resulting from centuries of research and 3 years of putting it all together. Be sure to read the beginning of the book, which teaches plant basics, and also how you can grow your own. There is a whole section showing toxic plants and what they look like, and a huge section in the back listing almost any health condition you can imagine and what plants have been used for them. This is as packed as it gets. Those wild plants growing just outside your house are some of the best free food and medicine you could ever have. It's compact enough to take outside with you, which is what it's designed for. This great book is [available here.](#)

Although he's an eccentric, I like what Markus Rothkranz has to say and have watched his DVDs and read his books. His book 'Heal Yourself 101' is an amazing 192 page book that details everything you need to know about how to dramatically change your life and never get sick again. Many people who have read his book have healed themselves of almost any health condition – from impotence to brain cancer and polio. Markus doesn't promote a trendy fad diet, explained in a simple-to-understand down to earth language. His book gets straight to the point. You can change your life with simple things that cost almost nothing, right in your own home, starting immediately. People are amazed at how quickly they start seeing and feeling results, not just in weight and health issues, but energy and hormone levels, memory and brain function, attitude, better sleep, better sex, better skin, hair, and reversing aging. This is it folks. It doesn't get any better explained and easier to understand than this. This amazing is [available here.](#) I thoroughly recommend that you obtain both DVD-sets and both books. They are excellent sources of information that will be invaluable to you during the collapse of the economy.

PART 6:

***GET READY FOR THE BIGGEST
BUYING OPPORTUNITY OF YOUR
LIFETIME!***



BY JAMES HARKIN

During the great depression of 1929 to 1932 not everyone lost everything and a lot of people made a lot of money. Those who saw the signs or were warned of what was about to happen made preparations in order to survive, even thrive during this period of American history. The same opportunities will be on offer for those who prepare now for the coming collapse.

Do you want to lose everything, feed your family from a soup line and have to beg the government for the things you need? I don't and neither should you. If you follow the advice laid out in this e-book you have the opportunity to not only survive the collapse, but even thrive during and after it. The sacrifices to your lifestyle that you make now will be repaid ten-fold.



Get Ready For The Biggest Buying opportunity Of Your Lifetime

Pastor Williams has said that “those who have made preparations in advance, when the dust settles you can buy anything you want for pennies on the dollar”. Whether this is real estate, an automobile, food, equipment or anything else – if you prepare right now before January 1st 2014, you can survive the crash.

People are going to turn to gold as a haven for their wealth, when the economies of the world crash. The elite are already hoarding gold on a massive scale, selling their paper gold and buying physical. As I have already stated there are 55 paper contracts to every physical contract for gold. The Asian banks are buying gold by the ton, in fact hundreds of tons. They are preparing for life after the crash of the global bond market. What I told you before about \$10,000 gold and \$500 silver is a real possibility. If gold is languishing at below \$1,300-\$1,400 an ounce and supply is becoming scarce, how much do you think gold will trade at during and after the crash? The elite manipulation of commodities markets will no longer be a factor, they will not be able to suppress the price by dumping counterfeit digital paper gold contracts onto the market. Gold will sky rocket.



BRICS Group Symbol

The BRICS group are creating a development bank to rival the IMF. The world's leading emerging economies have reached a deal to create a development bank that will rival Western-backed institutions such as the International Monetary Fund and World Bank. Brazil, Russia, India, China and South Africa and all the smaller nations that have sought refuge under their wing will be used to encourage trade and help countries in times of financial crisis. They know what is about to take place and are already making preparations to combat the collapse of the American dollar as the reserve currency. It has been said that the new BRICS development bank will be gold backed and therefore they will start buying and hoarding as much gold as they can. Will this cause gold to rise in value? Of course, as I stated earlier in this e-book the elite are already struggling to keep the price of gold down. Ultimately when gold hits \$2,000 an ounce you will see every investor and hedge fund manager dump the dollar like crazy and buy gold to try and stave off bankruptcy. But, by then all the gold vaults will be empty and guess who would control the majority of gold extraction? Yes, the BRICS group. Act now and you can benefit from the crash of all crashes.

Why is Pastor Williams suggesting that people buy as much gold as they possibly can? Because the price is extremely low, it costs \$1,100 per ounce to extract and refine new gold from the ground. \$1,300-\$1,400 is just above cost price taking into account cost of shipping, storage and management fees there is not a great deal of money in it for the suppliers. However, during the collapse of the American dollar people will clamor to sell their paper investments and buy gold. Scarcity of physical gold will see prices go to astronomical new highs.



Buy Real Estate For Pennies On The Dollar

This is why after the dust settles those who buy gold now will be ready for the biggest buying opportunity of their lifetimes. If you buy gold now your wealth is secured against hyperinflation. Gold usually never goes up or down in value, it merely secures your purchasing power. If the American dollar crashes like you've never seen it crash before and a loaf of bread rises from \$1 to \$100, you will still be able to buy that bread, because your gold would have risen in value to balance out the hyperinflation. That loaf at \$100 would be still worth the \$1 when sold at today's prices. However, with scarcity and people not able to buy gold its value will rise exponentially. Those with gold will be able to buy whatever they want for pennies on the dollar.

Let me explain why you will be able to buy whatever you want for pennies on the dollar. First of all, those with assets will not be able to sell them because nobody will have the liquidity to buy. Only those with liquidity will be able to buy those assets. The dollar will be debased and some analysts and commentators like Max Keiser say by up to 40% on today's values. Those who remain in paper will see their assets wiped off the board. However, those who have gold will be the wealthy ones. The elite know this and that's why they are hoarding it. For example, between 1999 and 2002 then Chancellor of the Exchequer Gordon Brown ordered the sale of 395 tons of the UK gold reserves when the price was at a 20-year low of between \$256 and \$296 an ounce. 1999 saw a 12 year rally in which gold jumped in value over six times. It is widely argued that Rothschild bank bought the majority of that physical gold and proceeds of the sale were invested in dollars, euros and yen. It's also argued that the UK treasury working for the Rothschild bank told Gordon Brown to sell at such a low price. Just look at how their manipulative tactics have secured an asset that grew more than six times in that time frame. Their 395 tons of gold will rocket again when the economy of the USA collapses.

If you invested \$100,000 gold in 1999 you would have purchased at \$256 an ounce, you would have purchased 390 ounces of gold. At the height of the gold rush in 2011 gold was worth around \$1,900 an ounce. Your 390 ounces of gold would have been worth \$741,000. If you were lucky enough to have \$100,000 in 1913 when the Federal Reserve was created and were able to buy gold at \$20.67 an ounce you could have bought 4,837 ounces of gold. At the height of the gold price in 2011 your 4,837 ounces of gold would have been worth \$9,190,300. Gold is a hedge against inflation and therefore, in just under 100 years the value of the dollar is just over 1% of its value in 1913. Effectively \$1 is worth 1 cent!

What I am trying to say is sell all your paper investments and buy gold. Use some of the gold to help you through the crisis, such as selling an ounce or two to buy cash when you need it, because you will still need to pay taxes in the official paper currency and of course you may need some necessary items like toilet paper and feminine hygiene products. But, hold onto all your gold. If you buy gold now at \$1,300-\$1,400 an ounce and after the crash and currency debasement it's worth \$10,000 an ounce which is a real possibility, you will be in a position to buy whatever you want. You will be able to buy real estate, automobiles, equipment, food and much more for pennies on the dollar.

Take heed and understand that gold is the currency of the elite. Gold is the only true store of wealth. Buy as much of it as you can possibly buy. Visit www.Cash2Karat.com/ and start exchanging today. Don't wait another minute, its time you protected your financial future.

PART 7:

GET OUT OF THE CITY



BY JAMES HARKIN

All the elite have left the city, Pastor Williams doesn't know of any elite that lives in a big city. They all live out in the countryside. Not only do they do this for health reasons because of excessive carbon-monoxide poisoning everyone who lives in a large city received every day of breathing in car, van, truck and bus fumes, but they live in the countryside just in case of civil unrest as well as martial law. Have you ever heard the countryside being placed under martial law, except outbreaks of the animal disease foot and mouth? Martial law happens in large cities. When the economy crashes martial law will be activated and curfews enforced by an iron fist.



You Have To Get Out Of The City

If you are inside a city when the economy crashes there will be outbreaks of looting, robbery, rioting and worse within the cities. This will always happen when there is a large body of people that are ill prepared for any interruption to their daily routine. Supermarket shelves are stocked on an as-needed basis, if trucks are unable to deliver goods due to the collapse of the economy what are people going to do to feed themselves? All the supermarkets, grocery stores and 7-11s will be closed. People will be hungry and will do anything to fill their bellies. The majority of people will not have prepared for the worst and ultimately any large city will become a living hell for everyone, including those who have prepared.

If you do not want to live through a nightmare scenario then you need to get out of the city. Sell your home as quickly as you can and go out into the countryside and buy a smaller home with land that you can buy without having to borrow money. As I stated before those who have mortgages will be at the mercy of the Federal Reserve when they cannot afford to pay their payments. Those who own their own home will only have the taxes to pay, which will be relatively easy if you have followed Pastor Williams steps in order to protect yourself from the coming collapse.



Destruction Of Cities Like Detroit Will Happen Throughout The USA

Just look at what happened in Detroit, a city spread out for over 142 square miles. When the vehicle manufacturers left the city it completely disintegrated. When a few major employers left the city crumbled and still has not recovered. With high unemployment the city was left with a reduced tax base, depressed property values, abandoned buildings, abandoned neighborhoods, high crime rates and a pronounced demographic imbalance. If you think of Detroit multiplied over a large number of cities in the US that is what will happen during the crash. The elite want as many people as possible on welfare, because when they are on welfare they are directly in control of them. Remember what I said about those on low incomes who received homes from the state in the UK having to move or pay extra for any additional bedrooms. This is the elite showing who's boss. The elite want more business failures, more failures of cities like Detroit and definitely want to bankrupt a lot of large corporations.

After looking at many videos on YouTube on the subject of self-sufficiency I would recommend any plots of land larger than $\frac{1}{2}$ acre. You want to be able to feed yourself as much as possible from your own land. Not only is it relatively cheap to produce, once you have the necessary seeds and equipment necessary to grow food, it's healthier too. USDA approved organic isn't what we think organic is, the USDA approved organic growers can still spray pesticides, herbicides and fungicides on their crops subject to those chemicals being approved by the USDA. Therefore, it is my own personal opinion that you would be healthier and better off if you grew your own food on your own land. Growing your own food is not as hard or as time consuming as you think it can even be therapeutic as well as satisfying.

The elite hate people growing their own food, they consider those who grown their own food as "extremists". Of course it's not particularly the government who says it, it's the corporations that lose out because you are not buying their pre-packaged highly processed toxic garbage. If it hurts their bottom line I thoroughly recommend doing it. If it upsets the elite, most definitely do it. Anything to upset their apple cart and upset their plans is aces in my book.



There is a way to grow food that doesn't need a great deal of attention after your initial investment of time and effort. The way is called Permaculture, a term coined by Australian naturalist Bill Mollison the 'father of permaculture' who coined the word for Permanent Agriculture. Permaculture is an integrated system of design, co-developed with David Holmgren that encompasses not only agriculture, horticulture, architecture and ecology, but also economic systems, land access strategies and legal systems for businesses and communities. I recommend looking for his books and DVDs on Amazon and YouTube as well as books and DVDs of David Holmgren, Geoff Lawton and Sepp Holzer.

Geoff Lawton's DVDs "Introduction to Permaculture Design", "Establishing a Food Forest", "Harvesting Water the Permaculture Way", "Permaculture Soils" and "Urban Permaculture" can be found at permaculturenews.org although the site is Australian they can send you the DVDs by International mail.

The other books you would need to research, especially the books from Bill Mollison, David Holmgren and Sepp Holzer are available from Permaculture Activist.

By growing your own food you also have the ability to trade any excess food with people, therefore you can get what you need while supplying something that someone else needs. It is always good to keep friendly with neighbors who can help you and you can help them in return. Small communities of people can stick together in order to support each other through these difficult times.

One potential problem that could happen is that when the food in the cities is exhausted and if FEMA and the government are unable to control and feed those still living there it is possible that they may migrate to the countryside looking for food. This could become a problem for you if you do not have any "robust" equipment to deal with unsavory individuals trying to steal your purposefully stored food,

medicine and water. If these individuals are successful then what can you do? This is why it is important to learn about wild foods as well as store different foods in multiple places on your property, not just in the larder and storeroom of your home. It is highly unlikely that people looking for a can of beans would actually know what plants growing wild would be edible. This would therefore protect your family if you learned which foods are edible. Obtain a copy of Markus Rothkranz's 'Free Food and Medicine' and Garry Tibbo's 'Free Living 101' DVD-sets and companion guide in order to recognize these plants and therefore extend the opportunity for survival for you and your family. [Get them here.](#)

PART 8:

***PURCHASE EVERYTHING
YOU NEED***



BY JAMES HARKIN

If you can buy everything you need without mortgage or debt, get it now before January 1st 2014. Whether it is land, a fuel efficient and reliable vehicle (Japanese vehicles seem to be very fuel efficient and reliable), equipment, solar panels, wind turbines, water filters, water distillation equipment, AAA+ rated white goods, etc. Purchase anything that will allow you to survive the coming collapse without going into debt. Definitely look at things that people will need and store some that you can resell later. Can openers, feminine hygiene products and diapers, etc. Not only will this bring in an income in currency that can pay your taxes, but you will have extra currency in order to buy items you need during the hyper-inflationary period.

Adding to the list of items I suggested for you to obtain under 'Store Food, Water and Fire Arms' there are some other pieces of equipment I would highly recommend you obtain. The fact of the matter is that you cannot trust a corporation, news outlet or government to tell you the truth so its always best in order to plan ahead for the welfare of your family.



I recommend that you obtain the following items:

[Hand held Geiger counter](#) – Fukushima was a disaster that may have dumped thousands of tons of nuclear waste into the Pacific Ocean. Incompetence on behalf of the Japanese government according to the mainstream media shows that very little has been done to contain its environmental impact. I have seen many images of radiation spreading across the Pacific and into the worldwide ocean currents that will see all the oceans and seas affected. If this is correct then we need to protect ourselves. Government agencies and corporations making a profit from selling foodstuffs cannot be trusted to keep you healthy so I would thoroughly recommend that you obtain a hand held electronic Geiger counter to check if items, foodstuffs, even people are affected by radiation.

[Gas Leaks Detector](#) – Fracking has become a major blight in the wide open spaces of the USA and if you are looking to purchase a small home on land out in the countryside it is important that you are not in an area that has been hydraulically fractured since it's likely that the ground has been damaged and gas is leaking and water aquifers have been contaminated. A gas leaks detector will allow you to detect any natural gas leaks as well as methane, ethane, propane, butane, acetone, alcohol, ammonia, steam, carbon monoxide, gasoline, hydrogen sulphide, smoke, industrial solvents, lacquer, thinner and other gases. It makes good sense to protect your family from the dangers of gas and that is why I recommend obtaining a gas leaks detector.

[TDS Meter](#) – A total dissolved solids meter is a good investment for checking the total dissolved solids in liquids such as water sources. A TDS meter will double check the performance of your water filter, check for water hardness. The more total dissolved solids the less high quality the water is. Although it doesn't detect bacteria, a higher TDS measurement could show the presence of heavy metals. Personally I use the TDS meter to check the quality of spring water. Using a website such as [FindASpring.com](#) you can find publicly accessible springs. I trust spring water more than I trust domestic piped water since I know the health problems related to Fluoride in the water. Buy a TDS meter and protect your family from contaminated water.

[EMF Meter](#) – An Electro-magnetic Field meter is a good investment if you are concerned with the effect that cellular mobile phones, power lines, microwave ovens, Wi-Fi and other electrical radiation has on the human body. It has been claimed by scientists that children living and being schooled close to overhead power lines have a higher rate of cancer than those children living away from overhead power lines. When buying your small home with land in the countryside you would definitely want to check the EMF levels on the property to see if there is excessive radiation from a cell tower or overhead power lines close to the property. I use an EMF meter to position where I sleep, because I know that EMF can affect sleep patterns and cause harm to the body. It's an important investment for the health of your family.

Other equipment I would recommend obtaining would be [solar panels](#) and [wind turbines](#) that will give you a supply of electricity if the national electric grid fails. As I have said before any decentralization of power is good for you. It will also save you from having to pay exorbitant payments to the electric suppliers. When you have less income due to the collapse of the economy you want to have a source of electricity and [solar panels](#) are a good investment. Even if you do not have the panels in order to cater for your existing consumption, average family home consumes around 3Kw, you will have electricity for when you need it, either recharging batteries or using computers or communication equipment.

Another item that you might want to check out is a [satellite phone](#). This has a direct link to satellites instead of using cellular towers or the wired telephone network. The elite use satellite phones in order to keep in contact with people around the world using cellular towers since they can contact people who are in the countryside where there is no cellular coverage. They are very expensive, but if you can get one, I recommend having it in case of emergencies.

If you cannot afford a satellite phone, during the collapse of the American economy it may be beneficial to return to [CB radios](#). Using the citizens band radios will allow you to communicate with other people around the local area and further afield that may have news regarding potential problems due to military, looters, FEMA and more. In any emergency it is good to keep in contact with others to share information that will help you and your family with any potential problem that may pop up. Advance warning is essential in preparation. Something else I have thought of that may also be of benefit are manually operated equipment. A

bicycle or tricycle and trailer may be beneficial if you want to move things around in bulk. Manual juicers, blenders, clockwork radios, torches, and other things that may be needed that don't need an available source of electricity could help you also. For a full list of recommended items that you should have on hand in the event of emergencies, [go here](#).

Pastor Williams has said that numerous events will begin to transpire as soon as the affordable healthcare bill kicks in that is going to fulfill everything the elite wanted in order to keep you from revolting. They don't want this to happen, but they may not be able to keep you from revolting. They have made preparations if you do. What happened in Boston and the lock down of the city was like a test that showed them that the people will comply. The events that will transpire will be brought on gradually over a period of time until they can make you into that total slave that they want. You don't have to be that way if you follow the information Pastor Williams' elite friend has told us. Buy what you need now without going into debt.

PART 9:

***SORT OUT YOUR MEDICINE
CABINET***



BY JAMES HARKIN

There is something I am concerned about and that is my health. I am concerned because we are heading into an epidemic of cancer, diabetes, multiple sclerosis, heart disease and stroke as well as many young people being born with autism and older people having Alzheimer's. This concerns me because from what the media say it's at nightmare proportions. It hasn't bypassed my family either with my brother now suffering from multiple sclerosis, my father suffering from diabetes and my mother recovering from major surgery for problems relating to her intestines.

Pastor Williams has said that the collapse of health care in America will be more devastating to you than the collapse of the dollar. Only the elite know the relation between the collapse of health care and the collapse of the dollar. The elite knew what mandatory healthcare would do. Pastor Williams' elite friend knew what was in the healthcare bill, what the IRS would do, what euthanasia was about, who will be given and denied healthcare and what the reaction of the American people would be when it happened. It is not a healthcare bill. It's not about cheap healthcare. Pastor Williams suggests that it would be wise to consider proactively planning for medical treatment outside the USA.



Sort Out Your Medicine Cabinet

First of all let me tell you about some statistics:

Heart Disease – In the USA heart disease is the leading cause of death for both men and women. More than half of the deaths due to heart disease in 2009 were in men. Approximately 600,000 people die in the US every year from heart disease and about 715,000 Americans have heart attacks.

Cancer – In the USA approximately 1,660,290 new cancer cases are expected in 2013. About 580,350 Americans are expected to die of cancer. Cancer remains the second most common cause of death in the US, accounting for nearly 1 of every 4 deaths. **Stroke** – In the USA stroke is the third leading cause of death. More than 140,000 people die every year from stroke in the US.

Stroke is the leading cause of serious, long-term disability in the USA. Each year, approximately 795,000 people suffer a stroke.

Other leading causes of death in the USA include: Chronic lower respiratory disease (138,080), Alzheimer's disease (83,494), Diabetes (69,071), Nephritis/nephritic syndrome and nephrosis [Kidney disease] (50,476), Influenza and Pneumonia (50,097) and Intentional self-harm (suicide) 38,364. Accidents (unintentional injuries) caused 120,859 deaths.

In 1900 the statistics were a little different with Pneumonia and influenza as well as Tuberculosis and Gastrointestinal infections causing most deaths. The rate of deaths per 100,000 seems to have plateaued since around 1950 only slightly reducing since 1970. However, since 1900 overall life expectancy at birth has almost doubled. However, the number of drug poisoning deaths has increased six-fold from around 6,000 deaths in 1980 to over 36,500 in 2008.



"Let Food Be Thy Medicine and Medicine Be Thy Food" - Hippocrates

After looking at this subject for over 8 years I have come to the conclusion that the majority of problems in the human are caused by poor diet and lack of exercise. The problem being that the media and multinational corporations are not providing healthy diets, they are making people addicted to junk food that has poor nutritional value. The body is over consuming processed starches and refined sugars causing 74% of Americans to be overweight. The food you eat is literally killing you.

In 2009 I attended a truth conference in the US called The Alternative View II. Dr. Susan Bardocz presented a talk regarding nutritional rates since 1940 to 2008. The quality of staple foods has fallen considerably since 1940. From what she said in her talk organic produce today is the same quality as commercially grown produce in 1940. Ultimately this comes down to the over use of chemical

pesticides, herbicides and fungicides in the agriculture industry that destroys soil humus. The monoculture that blights our countryside has virtually destroyed all the nutrients that are necessary to help grow high quality crops. I also believe destroying forests, hedgerows and planting mono crops for miles are a major cause of droughts, pesticide resistant insect infestation and increased unpredictable weather patterns. Instead of agro conglomerates fixing the problem by offering services to build a rich nutrient dense soil they have create genetically modified products that are created drought hardy or to fight insect infestation need to be sprayed by more and more expensive chemicals. Now most corn and soy is genetically modified. Agro conglomerates such as Monsanto have patented genes within seeds and now control mono-crop throughout the world. They even created an aluminum resistant seed, and my only guess is that is due to the ever increasing aluminum laced stratospheric Geo-engineering chem trails that blight our skies on a day to day basis.

The point I am making is that during the collapse of the American economy you will have to ration your food in order to make it last. The nutritional quality of food is less than it was 60 years ago. Therefore you must take this into consideration when planning your strategy for survival during this bleak period of time. I have also mentioned food because according to Hippocrates "Let food be thy medicine and medicine be thy food". You should therefore rely on your food instead of medical doctors who will become ever more controlled by the government and big pharmaceutical corporations once the new health care bill is fully enacted.

There is so much money in the medical industry with regards to pharmaceuticals and research that you will never see any cures. You will merely see expensive repeat treatments, which keep you as customers for life. Big pharmaceutical corporations are in league with the big bio tech corporations to keep the American people sick. The lack of nutrition in commercially grown food that is genetically modified to be less nutritious and covered in toxic chemicals that they claim are safe to ingest, although they have to wear hazmat suits in order to spray it. The logic is that these corporations are controlled by the bankers who are planning this complete destruction of the world economy in order to bring in their new world order. They want a subservient populous that is dumbed down by an inadequate education system that was created to produce obedient workers that are healthy enough to work the machines and complete the paperwork and are dumb enough to take ever reducing benefits and are completely addicted to frivolities. They do not want a well educated population with the ability of critical thought and who are strong and fit and can stand up to the tyranny that is being subjected upon us all.

The new healthcare bill will be inadequate for all of us. It's a mandatory tax and if you refuse to sign up to it you will be fined. The choice whether you receive treatment for your illnesses will be made in a conference room with lawyers and accountants and not in a hospital which cares above all things about human life. It is a massive transfer of power to the elite of whether you live or die. The bill will effectively bankrupt many private insurance companies and put everyone into a government run system that will be overworked, underpaid and ineffective. In fact doctors and medical practitioners are leaving the profession in their droves. According to Dave Janda nearly 40% of healthcare professionals will leave the profession due to the legislation brought out with the new healthcare bill. This is why Pastor Williams recommends the International Bio-care Hospital in Tijuana Mexico as the place where you can go and get the treatment you need. In fact the elite told him to go there because that is where they get their medical care.



The IBC Hospital in Tijuana Mexico offers a multifactorial, integrative, successive, restorative approach aiming at: Detoxification and dietary adjustment; Balancing of the neuro-endocrinological (hormonal systems); Regulation and restoration of the various components of the immune defense system; An all-out attack on pathogens with the fullest possible range of modalities with an emphasis on natural, non-toxic methods; Exhaustive review of dental health to ensure the absence of infectious foci and the presence of mercury amalgams and other potentially toxic materials; and Fostering of a healing psychological milieu.

At International Bio Care Hospital no two patients are alike and no two treatments, in application or response, are exactly alike. They are interested in not only treating a disease per se but in helping their patients heal themselves.

Integrative diagnostics and clinical applications are bringing about long term survivals and many cases of complete success in advanced disease conditions around the world.

Pastor Williams has visited and been treated by Dr. Rodriguez and recommends the hospital for the health of himself and his family. The hospital has helped his wife with her long term problems with arthritis. You can find out more about the hospital as well as some of the many supplements that Pastor Williams regularly uses in his DVD ["Healing, The Elite Way"](#) available from Prophecy Club. It's highly recommended to help you and your family not only during the collapse of the economy, but throughout the rest of your life. You can also contact The International Bio Care Hospital at 1-800-701-7345.

On a personal note I would recommend that you visit the IBC hospital before the collapse of the American economy. The reason I say this is that it would be better to be in great physical condition prior to the collapse than to get sick during the collapse. If you can fix your health issues now, then you will be better physically capable to handle what happens. This goes for any family member that maybe sick, have them treated by the International Bio Care hospital and I would almost certainly guarantee they will be in much better health than they are now and therefore be in better shape to survive the coming collapse.



As well as Pastor Williams' recommendations I have a few of my own. First of all I personally recommend Dr. Gabriel Cousens Tree of Life Rejuvenation Center. It was founded by Dr. Cousens to support and inspire holistic lifestyle through education and experience. The center's spiritual guidance, lifestyle education, and medical programs are complemented with panoramic mountain views and 100% organic, live-food that have drawn guests from over 100 countries since 1995. The Tree of Life offers whole person healing, detox programs and a holistic vegan vacation.

The Whole Person Healing Program at the Tree of Life is a special offering for those who have chosen to make a serious commitment to their total evolution. It is not merely a one-time visit to assess one's physical state, mineral status, vitamin status, or the condition of one's organs. It is a major commitment to take oneself to a whole new level of quality of life. The program is a minimum of a two-year effort to reach and stabilize on this new level of optimal whole person health and spiritual awareness. The New York Times states that "Tree of Life AZ is the fasting destination of choice." Harper's Bazaar magazine calls the Tree of Life "one of the world's best ten yoga & detoxification retreats." Dr. Gabriel Cousens gained notoriety with the award winning film 'Simply Raw: Reversing Diabetes in 30 Days'. I consider Dr. Cousens a genius of holistic healing and recommend anyone learn from his teachings. [The Tree of Life Rejuvenation Center](#) in Arizona can be contacted on 1-866-394-2520.

Gerson Institute



healing with nature

Another healing center I recommend is the Gerson Institute. The Gerson Institute is a non-profit organization in San Diego, California dedicated to providing education and training in the Gerson Therapy, an alternative, non-toxic treatment for cancer and other chronic degenerative diseases. The Gerson Therapy is a non-specific treatment that effectively treats many different conditions by healing the body as a whole, rather than selectively targeting a specific condition or symptom. Over the past 60 years, thousands of people have used the Gerson Therapy to recover from so called “incurable” diseases, including: Cancer (including melanoma, breast cancer, prostate cancer, colon cancer, lymphoma, pancreatic cancer and many others), Diabetes, Heart Disease, Arthritis, Auto-immune disorders and many others. The Gerson Institute provides referrals to two licensed clinics in Mexico and Hungary. [The Gerson Institute](#) offers many books and DVDs, many I have read and watched and thoroughly recommend. To learn more about The Gerson Therapy and the Institute please call 1-888-443-7766 (please note they are not a clinic).



One more healing center I and David Icke recommend is The Shen Clinic of Complementary & Alternative Medicine. The Shen Clinic was set up by Mike Lambert, a family friend of my fathers. In 2006 Mike Lambert was selected as a member of a proposed EU research team headed by Dr. Gabriella Hegyi and in 2007 he participated in the Co-Reach Conference hosted by the Royal Society in London to discuss the possibilities of research collaboration between the EU and China. The Shen Clinic is able to help with such conditions as: Allergies, Anxiety, Arthritis, Asthma, Athletic Performance, Back Pain, Bloating, Colds, Cancer, Children, Confidence, Colitis, Conception and pregnancy, Candida, Chrohns, Circulation, Dementia, Dental Leakage, Depression, Detoxification, Diabetes, Digestive disorders, Eczema, Emotional imbalance, Flu, Fatigue, Gynecological, Geriatrics, Heart Disease, Hypertension, Joint pain, IBS, Insulin issues, Impotence, Immune Depletion, Insomnia, Lifestyle Assessment, M.E., M.S., Menopause, Metabolic Syndrome, Migraine, Muscular- Skeletal problems, Nutritional Counseling, Obesity, Pain general, P.M.T., Pregnancy, Prostate, Psoriasis, Psychological Problems, Sciatica, Sinus, Weight management - and others. They offer therapies such as Acupuncture, Candida, Enart, Homo toxicology, Kokoro Shiatsu, Laser Therapy, Meridians, New Sciences, Nutrition, Photon Resonance, Vega Testing, Bio meridian Screening and Physiological Regulating Medicine. [The Shen Clinic](#) can be contacted on UK +44-1983-617333.

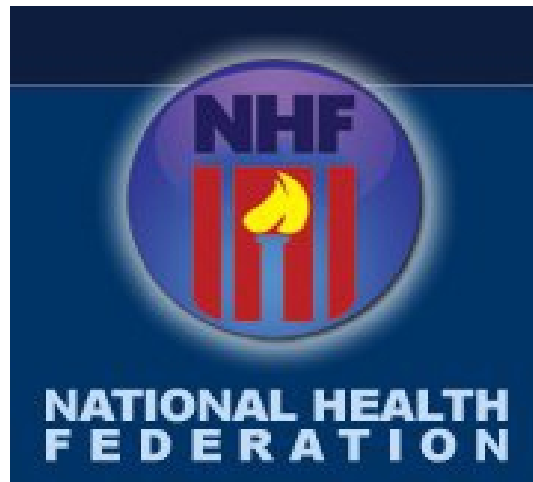
There are also a few health movies I would recommend. First of all is [Simply Raw: Reversing Diabetes in 30 Days](#). It's a great DVD that shows that chronic diabetes can be reversed in 30 days. Those patients taking prescription medication for diabetes can stop taking it with a highly regulated diet high in raw organic live vegan food.

[Fat, Sick and Nearly Dead](#). It's another great motivational film that shows how Joe Cross a guy 100 pounds overweight, loaded up on steroids and suffering from a debilitating autoimmune disease went from being a 310 pound man that doctors and conventional medicine was unable to help turned to the body's ability to heal. He trades junk food and hits the road with a juicer vowing only to drink fresh fruit and vegetable juice for the next 60 days. Across 3,000 miles Joe has one goal in mind: To get off his pills and achieve a balanced lifestyle. These two documentaries are amazing and show that you can really heal yourself through nutrition. You can take control over your health away from corporations and know that you can heal yourself during the collapse of the economy.



One final DVD I recommend is called ‘Alternatives to Dentists’ by Doug Simons. The DVD discusses alternative natural therapies using plants such as horsetail and prickly pear and shows you how you can take care of your teeth simply, naturally, and effectively without ever needing to go to a dentist. Doug offers practical advice essential for those out in the wilderness or those who have to suffer an economic collapse. Visit the [Alternatives To Dentists Website](#) and also [Doug Simons' personal site](#).

Some other sites I recommend include Mercola.com, which is a reliable source of health articles, optimal wellness products, medical news, and free natural newsletter from natural health expert Dr. Joseph Mercola. You can visit [Mercola.com](#).



Also I recommend The National Health Federation, who's president and legal counsel is my friend Scott Tips JD, was established in 1955, as an international nonprofit, consumer-education, health-freedom organization working to protect individuals' rights to choose to consume healthy food, take supplements, and use alternative therapies without government restrictions. With consumer members all over the world, and a Board of Governors and Advisory Board containing representatives from 7 different countries, the Federation is unique as being not only the World's oldest health-freedom organization for consumers but the only one accredited by Codex to attend and speak out at meetings of the Codex Alimentarius Commission, the highest international body on food standards. You can contact and support The National Health Federation by calling 1-626-3572181 or visiting the [NHF website](#).

Don't forget that during the collapse there may be a lack of access to nutrient dense foods, so I do recommend that you obtain a copy of Markus Rothkranz's '[Free Food and Medicine](#)' and Garry Tibbo's '[Free Living 101](#)' DVD-sets and companion guide in order to recognize these plants and therefore extend the opportunity for survival for you and your family.

Pastor Williams recommends the following supplements in his documentary '[Healing, The Elite Way](#)'

[ProArgi-9 Plus](#) – ProArgi-9+ is packed with pharmaceutical grade larginine, an amino acid that your body converts to nitric oxide to help enhance your cardiovascular system. Formulated in collaboration with leading l-arginine researchers and cardiovascular specialists, ProArgi-9+ helps improve immune function, may boost energy levels, help to build muscle, and reduce adipose tissue body fat.

[Carnivora](#) – It is a pure phytonutrient extract of *Dionaea Muscipula*, a particular species of Venus flytrap plant. It contains 17 multifaceted immune-supporting compounds such as Droserone (Free radical scavenger), Hydroplumbagin (Immune Modulation/Stimulation), Quercetin (Anti-oxidant, free radical scavenger, protectant), Formic Acid (Natural bactericidal), Myricetin (Bioflavonoid. Identical properties as Quercetin), Gallic Acid (Antioxidant, Immune stimulative), Arginine (Supports NK function. Improves immune responses to foreign entities, crucial for tissue repair), Asparagine (Expulsion of harmful ammonia, increased resistance to fatigue and increase of endurance), Threonine (Aids in function of intestinal / digestive tracts. Assists in metabolism and assimilation of nutrients; Prevention of fat build-up in the liver), Glutamine (Helps maintain white blood cell population and T-

cell production, supports intestinal health. Nature's brain food to improve mental capacities, decrease fatigue, controls craving for sugar), Alanine (Strengthens immune system by producing antibodies, important source of energy for muscle tissue, brain and central nervous system), Cysteine (Facilitates the production of glutathione, which enable white blood cells (lymphocytes such as T cells, B cells and NK cells) to reproduce to make antibodies to destroy foreign substances in the body), Serine (Component of production of immune antibodies. Antibodies bind with antigens which are toxins, etc. destroying them and removing them from the body), Histidine (Found abundantly in hemoglobin. This amino acid is used as a potent free-radical scavenger to normalize systemic functions in the body), Proteases (Known for their ability to enhance immunity, pro-teases are considered an important line of defense and intestinal toxicity are among the most common symptoms of protease deficiency), Lipopolysaccharides (Contribute to stimulation of the immune system. Contains properties that are highly potent against harmful cellular entities), Phytohormones (Plant-derived building blocks that your body can use to rapidly create any hormone that your body needs. These substances, also called phytosterols, are vital to a healthy balanced endocrine or hormonal system).

[Eye Bright Extract](#) - Eye Bright had been used historically for any eye disorder such as cataracts glaucoma macular degeneration retinopathy and night blindness. In addition this formula has been used to help promote the general health of the eyes.

[PDQ Herbals](#) – Silver Bullet – A dietary supplement pill that is completely safe and nutritionally healthy which has helped more than 3000 people with all kinds of cancer. Nearly all of these people with cancer had very serious conditions and had been diagnosed by their medical professionals as third or fourth stage or even terminal! ALL the people who followed our program are still alive. It is a proprietary blend of herbs and minerals: Zinc picolinate, Selenium, Sulforaphane Glucosinolate, Saw Palmetto, Indole-3-carbinol, Ellagic Acid, IP-6 (inositol hexaphosphate), Milk Thistle Seed Extract, Schizandra Berry Extract. It is used alongside Recovery Silver Water, which includes purified silver and purified water that is anti-bacterial and anti-viral to kill and inhibit yeast growth.

[Cat's Claw](#) - Cat's claw grows wild in many countries of Central and South America, especially in the Amazon rainforest. The use of this woody vine dates back to the Inca civilization. Historically, cat's claw has been used for centuries in South America to prevent and treat disease. More recently, cat's claw has been used as a folk or traditional remedy for a variety of health conditions, including viral infections (such as herpes and HIV), Alzheimer's disease, cancer, and arthritis. Other folk uses include supporting the immune system and promoting kidney health, as well as preventing an aborting pregnancy.

[Oregon Grape Root](#) - Oregon grape is a plant. The root and root-like stem (rhizome) are used to make medicine. Oregon grape is used for stomach ulcers, gastro-esophageal reflux disease (GERD), stomach upset, as a bitter tonic, to treat infections, and to cleanse the bowels.

[Vision Clear](#) - Vision Clear is a natural supplement for eye health. Scientifically developed to help improve your eyesight. By feeding your eyes the right nutrition it helps: Eliminate eyestrain, blurred vision, dry or irritated eyes, Put the brakes on age-related macular degeneration, Fight general oxidation damage to your vision, Improve night vision, Enhance the micro-circulation of retinal tissue, Protect your eyes from harmful sunlight, Stave off the onset and growth of cataracts, Relieve vision-related headaches and Keep your eyesight sharp and clear forever. Its ingredients include: Lutein (from marigold flower extract) and Zeaxanthin (from marigold flower extract). Also you should stock up on essential vitamins and minerals including:

[Vitamin D3](#) – Vitamin D, a fat-soluble vitamin, is essential to maintaining total body health, yet is not

found in many foods. It's needed daily to keep bones and teeth strong over your lifetime and to ensure the proper functioning of heart, muscles and nerves - it even helps your blood to clot. A daily regimen of D3 (cholecalciferol) is the best way to treat and prevent vitamin D deficiency, whether from lack of sunlight, poor nutrition, chronic illness or aging.

Vitamin C – Vitamin C or ascorbic acid, also known as L-ascorbic acid, is a water-soluble vitamin that is of paramount importance to life. It is a powerful antioxidant, healing agent providing collagen support and immunity booster and protector.

Vitamin B Complex – B vitamins are co-enzymes that assist the process of energy production throughout the entire body, and help maintain healthy skin, hair, eyes, liver, mouth, muscle tone, and the gastrointestinal tract. Most importantly, B vitamins work together to promote healthy stress levels and the proper functioning of the nervous system.

Vitamin K2 – Vitamin K is essential for normal blood clotting and for building and maintaining strong, healthy bones. But latest research suggests that a special form of Vitamin K, called menaquinone-7 (K2), may play an important role in blood vessel and heart health too. By supporting healthy blood vessels, Vitamin K2 may maintain optimum blood circulation – essential for healthy heart function. And K2 is now thought to be even more helpful in contributing to the normal structure of bone than Vitamin K1. K2 is highly bio-available and bio-active, and remains in the blood for longer than K1. This means the body's reserves can be built up and tissues supplied continuously. And unlike Vitamin K1, Vitamin K2 is safe to take with blood thinning medication, at the suggested daily intake.

Zinc - Zinc has many functions throughout the body: healthy skin, bones, reproductive function, mental performance and immune system. Zinc should be provided with Copper in a balanced ratio for optimum bio-availability.

Selenium - Selenium is a key antioxidant mineral, which helps the body maintain a healthy heart and arteries, and immune, brain, thyroid and reproductive functions. It is also needed for healthy hair and nails. It should contain selenium-enriched *Saccharomyces cerevisiae* (food yeast) for optimum absorption. Selenium is also important for the brain, immune and thyroid functions. Selenium is naturally lacking in modern diets due to soil mineral depletion.

Chromium - For healthy glucose and lipid metabolism. When blood sugar runs low, appetite is generated and when it is high, the body lays down more fat. *Saccharomyces cerevisiae* (food yeast) naturally contains GTF (glucose tolerance factor) Chromium plus co-factors, which support insulin action and maintain healthy carbohydrate and lipid metabolism. Useful as part of a weight management program.

Calcium & Magnesium - Calcium and Magnesium are two of the most important minerals. Calcium and Magnesium work together in synergy, so a balance of the two minerals is important. Vitamin D aids their absorption (and can be supplemented, especially in winter months when the sun is weak). Taken with omega oils, it will help their use in the body. Calcium is the body's most abundant mineral – around 99% is stored in bones and teeth. Half of the body's Magnesium is also found in bone. Both Calcium and Magnesium are needed for the structure of healthy bones and teeth, energy metabolism, normal blood clotting and blood pressure, and nerve and muscle function. Magnesium helps maintain hormonal health and may protect brain function. An adequate intake is needed to help support blood sugar balance and also help maintain the immune system. Magnesium also contributes to protein synthesis and cell division and has antioxidant properties, which help delay the aging process. There is

an increased need for Magnesium during pregnancy and supplementation is recommended.

[Probiotics For Men – Probiotics For Women](#) - Probiotics are organisms such as bacteria or yeast that are believed to improve health. They are available in supplements and foods. The idea of taking live bacteria or yeast may seem strange at first. After all, we take antibiotics to fight bacteria. But our bodies naturally teem with such organisms. The digestive system is home to more than 500 different types of bacteria. They help keep the intestines healthy and assist in digesting food. They are also believed to help the immune system.

[Omegas - 3:6:9](#)- The key Omega 3s EPA and DHA, from fish oil, are important for supporting the heart, arteries, eyes, brain and joints. EPA and DHA are also important during pregnancy and breastfeeding - for mum and baby. DHA has the ability to convert back to EPA, when needed. In addition, GLA from Star flower oil plays a role in maintaining hormone balance and joint and skin health. Omega 9 from Virgin Olive oil is a key feature of the Mediterranean diet, which is known to have benefits for cardiovascular health.

It would also be a good idea to stock up on a high quality [wholefood multivitamin](#).

And of course learn about wild foods, plants and herbs. You can learn about these in your neighborhood with Markus Rothkranz's '[Free Food and Medicine](#)' and Garry Tibbo's '[Free Living 101](#)' DVD-sets and companion guides in order to recognize the plants that can help your health during the collapse.

PART 10:

***GET YOUR SPIRITUAL HOUSE
IN ORDER***



BY PASTOR LINDSEY WILLIAMS

Lindsey Williams gives the most important message you will ever hear...

The Bible says there is only one way to Heaven

Jesus said: "I am the way, the truth, and the life: no man cometh unto the Father but by me." (John 14:6)

Good works cannot save you.

"For by grace are ye saved through faith; and that not of yourselves: it is the gift of God: Not of works, lest any man should boast." (Ephesians 2:8-9)

Trust Jesus Christ today! Here's what you must do:

Admit you are a sinner.

"For all have sinned, and come short of the glory of God;" (Romans 3:23)

"Wherefore, as by one man sin entered into the world, and death by sin; and so death passed upon all men, for that all have sinned:" (Romans 5:12)

"If we say that we have not sinned, we make him a liar, and his word is not in us." (1 John 1:10)

Be willing to turn from sin (repent).

Jesus said: "I tell you, Nay: but, except ye repent, ye shall all likewise perish." (Luke 13:5)

Believe that Jesus Christ died for you, was buried, and rose from the dead.

"For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life." (John 3:16)

"But God commendeth his love toward us, in that, while we were yet sinners. Christ died for us." (Romans 5:8)

"That if thou shalt confess with thy mouth the Lord Jesus, and shalt believe in thine heart that God hath raised him from the dead, thou shalt be saved." (Romans 10:9)

Through prayer, invite Jesus into your life to become your personal Saviour.

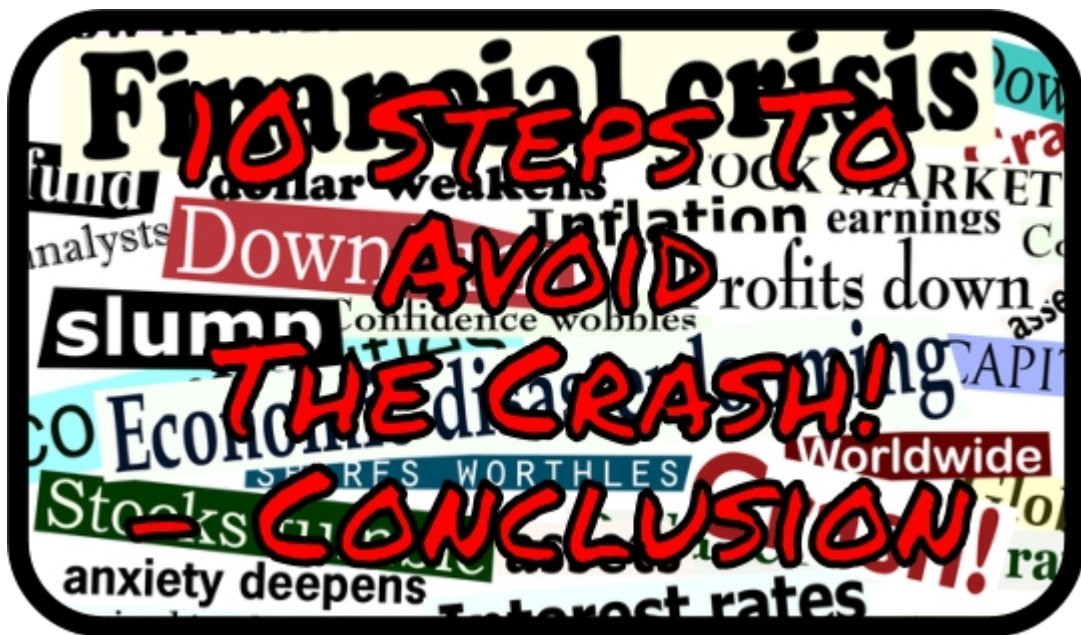
"For with the heart man believeth unto righteousness; and with the mouth confession is made unto salvation." (Romans 10:10)

"For whosoever shall call upon the name of the Lord shall be saved." (Romans 10:13)

What to pray: Dear God, I am a sinner and need forgiveness. I believe that Jesus Christ shed His precious blood and died for my sin. I am willing to turn from sin. I now invite Christ to come into my heart and life as my personal Saviour.

CONCLUSION:

10 STEPS TO AVOID THE CRASH



BY JAMES HARKIN

Everything Pastor Williams has told us to do over the past few years is coming true. Those of us who have planned will be protected by their preparedness. However, many haven't because either they believe that their government is unwavering or because they think that Pastor Williams' elite friend has been lying to him. The truth of the matter is that what Pastor Williams' elite friend has said over 35 years of communication with the people in the highest echelons of the elite, have come true. This collapse is happening. It may not be 2015 that the collapse occurs it may be sooner or later than that. The elite will crash the economy of the world when they know for sure they can bring in the new world government. Centralization of power is the name of the game. The elite want slaves to do their bidding. This used to be the ball and chain and now its debt enslavement. The elite want every penny you earn to go to them and leave you with as little as possible.

In this extensive e-book I may have some things wrong. I can only go on what I've been told, what I've researched and the blatant evidence laid out in front of us all if we cared to look for it. It's about control and the elite are not going to relinquish it lightly.

To those individuals who frequent sites that try and speak truth and complain about this or that, that sit behind their computers arguing about frivolous things are eventually going to either wake up to the inevitability of the collapse or end up in a soup line begging the elite for hand outs.

To those who are only focused on love and light, who's energy has been sequestered by the new age movement are going to come into a rude awakening that wishing and hoping and putting positive intentions out into the universe that the crash isn't going to happen are participating in a futile exercise. If the new age community actually realized they are both spiritual and physical and they both affect each other, then they would understand that physically preparing for a total take down of the global economy will assist them in their spiritual work. There cannot be one without the other when they are incarnated into a physical being. Take Pastor Williams' advice and prepare for the worst and then you can rest assured your physical body will be more or less protected and allow you to focus on your spiritual work.

To those who are religious and think nothing will happen until the apocalypse or the anti-Christ physically appears before them then they have never experienced war and famine. The embodiment of the anti-Christ is already here already and it has taken the form of anything and anyone that is anti-humanity. It is the embodiment of anyone who wants to see harm come to humanity whether actively or passively those who worship greed and selfishness have chosen the route of evil and are evil manifested. Don't wait for the apocalypse to manifest itself in front of you, please prepare yourself for what is to come. The warning signs have been revealed to you by Pastor Williams and many other researchers over the years. Awful times are upon us, it's up to you to protect your family.

The elite are not aliens and no supernatural force is doing this to humanity. The elite are a psychotic inbred cabal who hates their fellow man. No interdimensional lizards or extra-terrestrial almond eyed grey beings are doing this to humanity. It is pure and simple, greedy foolish people who believe they are the rightful rulers of this global fiefdom are trying to take control of the world away from us and then dispose of as many of us as possible that no longer serve or suit their needs.



Do not fear the collapse. If you plan ahead you will survive or even prosper during this dark time in humanities history. Prepare yourselves by: Buying as much gold as you possibly can; Get out of debt; Get out of paper; Pay off your house mortgage; Store food, water and firearms; Get ready for the greatest buying opportunity of your lifetime; Get out of the city; Purchase everything you need; Sort out your medicine cabinet; and most importantly Get your spiritual house in order.

I hope my words have not fallen on deaf ears and you will take the seriousness of this e-book to heart. Start doing something to prepare today. Create an action plan and little by little complete the steps that will keep you safe during the collapse. I know I am and I know Pastor Williams and others who have been told of the elite's evil plan for global domination are preparing themselves.

May Humanity Survive and Thrive No Matter What Obstacle Comes Our Way!

With love and appreciation to you all and your families...

Regards...

James Harkin

P.S. I'll leave you with this final statement from Thomas Jefferson, a statement read by Pastor Williams in his DVD "Elite Emergency Data", Jefferson predicted the truth of everything I have said in my e-book today: "If the American people ever allow private banks to control the issue of their currency, first by inflation, then by deflation, the banks and corporations that will grow up around them will deprive the people of all property until their children wake up homeless on the continent their Fathers conquered...I believe that banking institutions are more dangerous to our liberties than standing armies... The issuing power should be taken from the banks and restored to the people, to whom it properly belongs".